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Fall/Winter 2024

IN THE KITCHEN



Granny Jo Napkin Clips

Adjustable model has black nylon cord with a locking slide to adjust the length from 18"-22"L. Pearl is 18"L with faux pearl beads on stretch mono-filament. Original is 18"L with silver-tone metal chain. All have easy-to-use clips attached at each end.

- MGJ108A: Black\$5.95
- MGJ108P: Pearl\$8.95
- MGJ108M: Original\$8.95

Mum 2 Mum Plus Special Needs Feeding Apron

Stylish, practical adapted bib features water-resistant nylon backing and 100% cotton extra-absorbent toweling front to keep the wearer from becoming cold, damp and wet. Three snap closures allow for adjustable neck size. Measures 10"L in front; 12"W overall. Stain resistant, machine wash and dry. Choose color from Black, Chocolate, Denim, Grey, Navy, Olive, Pink, Purple, Red, Rust, Stone, Teal.



- CMM130\$15.95

Scooper Bowl

High rim and reverse curve on one side aids in scooping food onto a utensil without spilling. The bottom of the dish has a rubber suction base to prevent skidding. Molded of heat-resistant plastic. 4.5" diameter. Dishwasher safe. Blue only.



- CMI106.....\$9.95



GripWare Scoop Dishes

These round dishes feature raised edges so food can be easily scooped into utensils. Molded of white, heat-resistant plastic with non-skid feet to prevent sliding. Dishwasher safe. DO NOT microwave. The 8" round dish scoop edge gradually rises from front to back. The 8.75" diameter partitioned dish has one 8-oz. and two 4-oz. compartments.

- CMI105: Round Scoop Dish \$7.95
- NC35699: Partitioned Scoop Dish..... \$12.95



The Meal Lifter Dining Aid

Simple eating aid raises and secures a dinner plate several inches, reducing the distance from food to mouth.

Provides a sanitary, secure and dignified alternative to using books or magazines.

Measures 4.25"H, 10.5"W at its base and weighs approximately 3/4 lbs. Made of dishwasher-safe durable molded polypropylene. Use with 9" round dinner plate, sold separately.

- CML100\$23.95

High-Sided Dish with Rim

Adapted dish with raised edges lets users easily scoop food up against the sides. 9"-diameter dish has 1.75"-high sides, with a .75" lip that extends around outer edge of plate for easy handling. Latex-free polycarbonate textured surface resists scratching and staining. Microwave and dishwasher safe. Choose blue or white.



- CPS190 \$9.95

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IN THE KITCHEN



Freedom Dishes with Suction Pad Base

Each bowl comes with a removable suction base that holds the dish in place on any flat surface. Attaching the base is as easy as putting a lid on a jar. The patented vacuum system forms a secure suction with slight pressure.

CFP151: Snack Dish, 8" diameter\$34.95
CFP104: Dessert Bowl, 4½" diameter\$24.95
CFP105: Soup Bowl, 6" diameter\$26.95
CFP161: Scoop Plate, 9" diameter\$34.95
CFP171: Divided Plate, 9" diameter\$34.95

Independence Plates

Adapted plates with high sides and an overhanging inner edge help push scooped food onto user's eating utensil. Skid-proof rubber base helps keep the plate from sliding and prevents spills. Available in white or high-visibility red. 9" in diameter, 1.75" H. Microwave and dishwasher safe. Lids also available.

INNER LIP PLATES:

CPS191W: White\$8.95
CPS191R: Red\$8.95



3-PARTITION PLATES:

CPS193W: White\$8.95
CPS193R: Red\$8.95



HIGH-SIDED SCOOP PLATES:

CPS196W: White\$8.95
CPS196R: Red\$8.95



High Sided Divided Dish with Lid

Large 3-section plate has high sides for scooping food. Includes a secure fitting, reusable lid. Made of durable polypropylene that is freezer to microwave safe and top-rack dishwasher safe. Measures 10" diameter, with 4¾" H sides and 7/8" H section dividers.



APH143: Light Gray\$9.95
APH143R: Red\$9.95

Dycem Non-Slip

Non-slip products are made of durable, flexible polymeric material. Colorfast, odorless, with no latex or toxic materials. Each item can be cleaned with soapy water, but must be dry before using as it is not effective when wet. Mats and pads are designed to help keep objects from sliding and prevent spills. Flexible openers provide soft, sure grip on bottles and stubborn jar lids and ensure a good seal when closing.

Dycem Non-Slip Pads

Blue or red color gives good visual contrast for low vision. Specify color.

NC35106: 10"x14"\$42.95
NC35107: 10"x7¼"\$29.95
NC0208: 8" Round\$25.95



Dycem Non-Slip Jar Opener



Made of non-slip Dycem material. Provides soft, sure grip. Flexible so it fits most sizes of jars (up to 4" in diameter). Wash in soapy water to retain tackiness. 4½" diameter x 2" H.

NC28202\$15.95
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Dycem Non-Slip Bottle Opener

Flexible so it opens lids up to 1.6" in diameter.

NC282021\$14.95
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**NEW
ITEM**

Steady Spoon Dining Aid

Dynamically balanced spoon with counterweights and swivel helps users with tremors to eat independently and helps prevent spilling food. Built-up handle has adjustable closure strap for users with limited or no grasping ability. Choose size for Adult (handle 5.5" L, strap 5" L) or Child (handle 4.5" L, strap 4" L). Dishwasher safe up to 220°F.

CRP189C: Child Steady Spoon\$46.95
CRP189A: Adult Steady Spoon\$59.95



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We make living with Arthritis Easier since 1999

IN THE KITCHEN

EvoOTWare Easy Grip Utensils

Ergonomically designed by Occupational Therapists, the easy grip handles are angled inward and upward. The unique interior axis allows for many gripping positions. Bright red set has one knife, one fork and one spoon. Dishwasher safe, latex-free, phthalate-free and BPA-free. Not recommended for microwave or oven use. Overall 6" L. Specify right or left hand.



AEP123 \$15.95



Vertical Handle Hand Clip Utensils

Adapted utensils for users with weak or limited grasp. Attached vertical handle at a 90° angle fits around palm and requires no gripping. Stainless steel utensil is attached to a navy blue plastisol-coated handle that is BPA, Phthalates and Latex free. Handle is 0.75"W x 4"L x 1.75"D. For either right or left hand. Dishwasher safe up to 180°F.

CRP110F: Fork \$10.95
 CRP110TB: Tablespoon \$10.95
 CRP110TS: Teaspoon \$10.95

KEatley Weighted Utensils

Each utensil uses weight to steady the user's hand, helping them to eat and to decrease hand tremors. Stainless steel dishwasher-safe utensils weigh an average of 7.2–7.5 oz. each.



CKE11796: Set of 3
 (Includes knife, fork and teaspoon) \$32.95
CKE11795: Set of 4
 (Includes knife, fork, teaspoon and soup spoon) \$43.95

T-Grip Rocker Knife

Adapted knife with 4.5"W rocker blade and innovative new handle enables people with weak grips to eat independently. Requires less strength and dexterity than regular knives for cutting food with a back-and-forth rocking motion, not slicing. Overall 7.375"L. Dishwasher safe.



CRP184 \$10.95



T-Grip Bendable Spoons

Ergonomic handle provides users with a comfortable grip for either an overhand or underhand position. Requires less strength and dexterity for users with limited hand control or grip. Shaft can be bent to either the left or right. High-quality stainless steel with horizontal rubber handle. Handle measures 3¾" L, 1¼" diameter in the middle; tapers to 1⅛" diameter on ends. Dishwasher safe.



CRP184TS: Teaspoon \$8.95
 CRP184TB: Tablespoon \$8.95



Big-Grip™ Adaptive Eating Utensils

A great utensil for those with arthritis, weak grasp or limited arm movement. Made with large, soft rubber handles and flexible ribbing for a comfortable hold. The stainless fork and spoon can be bent for use in the right or left hand. Dishwasher safe.

NC65590: Soup Spoon \$14.95
 NC65591: Fork \$13.95
 NC65595: Small Spoon \$13.95
 NC65593: Teaspoon \$13.95
 NC65594: Tablespoon \$13.95
 NC65592: Rocker Knife \$14.95
 NC65590S: 5-piece Set \$55.95
 (Set of 5 includes one each: knife, fork, tablespoon, teaspoon and small spoon)
 NC6595: Set of 3 \$34.95
 (Set includes knife, fork and tablespoon)

EliSpoon No Spill Spoon

Adapted spoon utilizes 2 counterweights and rotation axis to keep spoon bowl level no matter the user's arm position. The 0.75" diameter handle is comfortable to grip and rotates 360°. Stainless steel spoon has a stopper that restrains the angle, allowing user to easily take food from the bowl. Has no electrical components or batteries, and is suitable for right and left handed users. Lightweight but strong material is dishwasher safe and hypo-allergenic.



CEL100S: Soupspoon \$74.95

IN THE KITCHEN

**NEW
ITEM**

Tenura Cutlery Grips: Set of 2

Soft, silicone handles are large and textured to help enhance grip for a variety of household items including dining utensils, pencils, pens, toothbrushes, razors and more. Surface of the grip has many raised bumps that further improve grip. Long-lasting, latex-free and non-toxic antimicrobial material is heat resistant and can be easily washed by hand or dishwasher. Measures 5" L.

AAH105G: Set of 2 \$29.95



**NEW
ITEMS**

Adjustable Weight Bendable Large Handle Utensils

Rigid plastic handles are built up and measure about 1.5" in diameter. Users can add or remove internal washers to adjust the overall utensil weight from 2 to 8 ounces. High-quality stainless steel of the fork and spoons is bendable to adjusted to user's preferred angle. Knife is not bendable. Dishwasher safe up to 180°F.



- CRP187F: Fork \$12.95**
- CRP187TS: Teaspoon \$12.95**
- CRP187TB: Tablespoon \$12.95**
- CRP187K: Knife \$12.95**
- CRP187S: Set of 4 includes one each \$46.95**

Stirex Ergonomic Knives

Ergonomic handle places grip in a suitable angle to give the arm, the wrist and the hand a neutral and relaxed working position so that the cutting power from the arm is transferred to the center of the blade with minimal effort. Blade is high-carbon stainless steel.



Stirex Ergonomic Fork Knife

Multipurpose knife with a two-prong fork-like tip for cutting vegetables or picking up cheese. Blade is 4.5" L; handle is 4.88" H.

AGA908 \$29.95



Stirex Ergonomic Serrated Knife

Serrated edge is ideal for cutting bread or vegetables. Blade is 6.5" L; handle is 5.27" H.

AGA907 \$45.95



Stirex Large Ergonomic Serrated Knife

Serrated edge is great for slicing bread and general kitchen use. Blade is 6.69" L; handle is 5.27" H.

AGA903 \$49.95



Stirex Ergonomic Chef's Knife

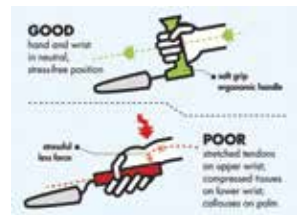
Professional grade blade for multipurpose use such as slicing, dicing and chopping. Blade is 8" L; handle is 5.27" H.

AGA902 \$59.95



Easi-Grip Contoured Handle Knives

Comfortable, soft-feel handle is easy to grip and non-slip. Upright handle at 90° angle from the blade helps keep wrist in a natural position to prevent strain and discomfort. Each knife includes protective blade cover. Handles are 5.25" L, tapering from 2" W at base to 1.5" W at top. Dishwasher safe.



Easi-Grip Contoured Handle Bread Knife

Stainless steel blade is 8" L, 1" W with serrated edge. Overall 10" L. Weighs 5.25 oz.

APE102 \$17.95

Easi-Grip Contoured Handle Carving Knife

Blade is 7.5" L, 1" W; overall 9.5" L.

APE103 \$17.95

Easi-Grip Contoured Handle Fork Knife

Blade is 5.75" L, 1" W. Overall 8" L.

APE104 \$17.95

IN THE KITCHEN



Extra Long 28" Flexible Drinking Straws

Adapted long drinking straws have 3 flexible sections for stable hands-free drinking. Washable, reusable straws can be cut with standard scissors to create custom lengths for user's needs. White polypropylene, BPA-free straws are 28" L, with 0.35" inside diameter. *Non-returnable if packaging is opened.*

CFP110 (package of 10)\$16.95

11" Flexible Drinking Straws with Caps

Clear plastic straws have a 2" L flexible section that allows user to adjust the angle of the mouthpiece. For improved hygiene, the blue cap keeps the straw covered. 11" L, 0.25" inner diameter. *Non-returnable if packaging is opened.*

CFP120 (package of 10)\$8.95



Freedom Cup Holders

The patented locking leg prevents collapse. The folding, weighted, non-skid integral base won't move or tip over and the cork bottom absorbs moisture. Great for wheelchair trays, over-bed tables, or table tops.

CFP131: Standard Cup Holder, 6-16 oz.\$24.95

CFP191: Large Cup Holder, 16-46 oz.\$29.95

Spill-Proof Kennedy Cup

Lightweight plastic, easy-to-grip drinking cups are dishwasher safe and can be used with any style drinking straw. Holds up to 7 oz. of warm or cooled liquids. Screw-on lid prevents liquid from spilling, even if cup is turned upside down. Each cup is 4.75" H with base diameter of 2.5".

CPS100\$7.95

CPS1003 (package of 3)\$16.95

CPS106: Replacement Lids (package of 6) .. \$8.95



Weighted Insulated Large Mug

12-oz. capacity polypropylene mug with easy-grasp handle can be used for hot or cold liquids, and has a regulated-flow lid. Weighs 11.4 oz. Do NOT microwave.

CKE16021 \$12.95



Nosey Cups

Cut-out for nose allows drinking without tilting the head. Contoured shape, textured surface and translucent plastic allow steady grip and monitoring of liquid intake. Translucent plastic, dishwasher safe.

CAM106: Cups 4, 8, or 12-oz. sizes (please specify).....\$5.95



Hand to Hand Mug



This lightweight, plastic mug is double-wall insulated to retain the temperature of hot/cold liquids. Ceramic look and feel with contoured shape for comfortable grip. 10-oz. capacity. Dishwasher and microwave safe.

AMI74598 \$16.95

Granny Jo Dignity Mug

Unique ceramic mug with extra-large handles helps those with loss of strength or dexterity. Either grasp the outside of both handles, slide fingers through wide openings, or grip body of mug directly. Dishwasher and microwave safe. 3.75" H, mouth opening 3" diameter, 6.5" W (handle to handle). Beige.

MGJ105\$9.95



Easy Grip-In Mug

16-oz. mug aids with grasping and fine-motor disabilities. Ergonomically curved internal handle lets hand fit through mug, eliminating need to grasp. As an added bonus, filling with a warm beverage provides gentle warmth to hand, helping ease joint pain. Easy-open lid rotates 360°; adjustable drinking spout; non-slip rubber grip base. 7³/₄" H x 11¹/₄" diameter, 10.4 oz.

CRP002\$24.95

Independence Two-Handle Clear Mug with Lids

Extra-wide base prevents tipping or spilling. Two handles provide various gripping options. Includes 2 lids: anti-splash and feeding spout. Choose 6-oz., 9-oz., or 12-oz. capacity.

CPS105\$9.95

CPS10593 (package of 3, each with 9-oz. capacity) \$18.95



IN THE KITCHEN

Independence Clear Drinking Aids

Latex- and BPA-free polycarbonate aids make monitoring intake of liquids easy. Use with hot or cold liquids. Lids may be used with a straw. Microwave/dishwasher safe.



Independence Cups, Mugs & Lids

Designed to allow drinking without splashes or spills. Two interchangeable lids (spout and anti-splash) fit the mouth comfortably and direct liquid flow.

- CPS101: Tumbler – 8 oz. 3½"H x 3"D\$5.95
- CPS102: Single Handle Mug – 8 oz. 2¾"H x 3"D\$6.95
- CPS103: Double Handle Mug – 8 oz. 2¾"H x 3"D.....\$7.95
- CPS5401: Spout Lids (package of 6)\$10.95
- CPS5402: Anti-Splash Lids (package of 6).....\$10.95

Independence Long Handle Clear Mug



10-oz. cup has long handle for varied grasping options. Includes 2 interchangeable lids: anti-splash and feeding spout lid.

- CPS104\$7.95

Helping Hand Ring Can Opener

Simple device effortlessly and safely lifts ring pull and pulls back lid. Enables users with decreased hand strength to easily open cans. Lightweight industrial-strength plastic opening tool is dishwasher safe and weighs just 1 lb.

- ARJ102 (package of 2)\$14.95



NEW ITEM

Belliclamp Jar and Bottle Holder

Hook base over edge of countertop and push in with body to hold a jar or bottle steady in place for one-handed use. Durable molded plastic is easy to clean. Rubber lining and non-slip feet provide increased stability. Holds jars and bottles 4.7" in diameter. Weighs 1.2 pounds.

- AAH100\$49.95



NEW ITEM

Culinaire One Touch Can Opener



Place automatic opener on top of can, press button and machine does the work, then returns to its original, safe position. Sharp stainless steel blades seamlessly cut cans 2" in diameter and larger. Magnet button lifts and releases lid easily for disposal. Requires 2 AA batteries (*not included*). Black or white color may vary due to availability. Weighs 4.5 oz.

- AAH101\$29.95

OXO Good Grips Smooth Edge Can Opener



Sharp, gear-operated stainless steel cutting wheel cuts through cans easily and leaves no sharp edges. Oversized turn knob and handles help make opening cans easier. Never comes into contact with food. Measures 7.5"L x 4.5"W x 2.25"H; weighs 0.56 lb. Hand wash.

- AOX123\$25.99

OXO Good Grips Jar Openers with Base Pad

Adapted openers make quick work of twist-off lids from 1/2" to 3¾" in diameter with minimal effort. Flexible handles are slip-proof, wet or dry. Non-slip pad keeps jar in place on counter for a better grip.

OXO Good Grips Jar Opener with Base Pad



Metal grip strip has sharp, stainless steel teeth. 9"L x 5"W overall; weighs 4 oz. Dishwasher safe.

- AOX120\$14.99

OXO Good Grips Twisting Jar Opener with Base Pad

5"L x 2.6"W x 2.8"H; weighs 6.3 oz. Wipe clean, air dry.

- AOX121\$16.99



Easy Grip Opener

Cat-shaped, flexible rubber device has cone-shaped head for opening twist-off caps and lids of various sizes. Includes packaging cutter between the ears for cutting through paper and plastic seals; magnet on back for storing it on refrigerator. 6½"L, 4"W, 1¼"D.

- AKE171.....\$11.95

GETTING READY

**NEW
ITEMS**

Double Button Aid with Ribbed Grip



This simple dressing tool helps users to easily secure any size button. Built-up, latex-free handle has large button loop on one end and smaller loop on opposite end. Allows user to lock button into place and easily pull it through buttonhole. Snag-free metal loops are thin, yet durable. 11.5"L, 1" diameter handle.

CRP257.....\$10.95

Button Aid Zipper Pull with Ribbed Grip

Like the Button Aid above, but with a loop hook for securing buttons on one end and a small hook for pulling zippers on the other end. 8"L, 1" diameter handle.

CRP258.....\$12.95



Big-Grip™ Button Hook with Zipper Pull

Cushioned, flexible ribbing on the handle adapts to any grip, making buttons easier. Handle length 4". Total length is 6". Diameter 1".

NC28667.....\$10.95



**NEW
ITEM**

Cushion Grip Button Aid

Buttoning device with large 1.25" diameter soft foam, latex-free handle gives comfortable grip for those with hand limitations. Inserted stainless steel wire loop pulls button back through clothing eyelet. Overall length 7".

CRP256.....\$7.95



Table Top Nail Clipper

Easy-to-use, hold-steady mounted nail clipper has large molded pad for excellent leverage. This spreads the pressure used, helping those with arthritic hands who have difficulty holding nail clippers. *Non-returnable hygiene product.*

APE203.....\$14.95



Long Reach Toenail Cutter

Designed to accommodate swollen fingers. Long-loop handle allows strength of whole hand to be used while wide contact area spreads pressure used to make the cut. Extended shank reduces bending or stretching. Angle of the blade provides ergonomic positioning of your wrist. 8.7"L and weighs 2 oz. *Non-returnable hygiene product.*

AMCPTC2.....\$16.95



Reach Right Dressing Aid Kit

4-in-1 dressing tool kit combines sock aid, shoe horn, sock remover and dressing hook with a long handle to make the ideal item for independent dressing. Compact size easily stores and travels. Simple assembly required.

MEU255.....\$39.95



Reach Right Compression Sock Tool

Specially designed long-handled dressing aid has 2 large easy-grip handles with durable sock holder for compression socks. Handles adjust up to 34"L and rotate for increased comfort. Kit includes 2 handles, 2 rigid handle extensions, 2 sock canister clips, rotating sock canister, dressing hook, shoe horn and sock remover attachment. Simple assembly.

MEU256.....\$49.95



GETTING READY

Easy On Easy Off Sock Aid Kit

No bending required for putting on or taking off socks. Unique cordless system is easy for one-handed users. Standard size has compact design for storing or travel. Wide version also available for users with larger body size or limited mobility in dressing.



AKE235B: Standard, 9.5"L, 4"W, 6.5"H \$29.95
 AKE236: Wide, 9.5"L, 5"W, 6.5"H \$38.95

Sock Horse Sock Aid



Rubber sock aid has ribbed thumb grips and contoured finger grips. Simply insert sock over rubber tabs, and pull sock over heel and up calf. Unlike with other sock aids, socks/stockings will not slip off, stretch out, or snag. Skin never touches the

plastic. Long, easy-to-grip handle. 18"x4"x6"; 0.3 lbs. Taupe. Made in USA.

MEU240 \$12.95

Funnel® Advanced Shoehorn



The advantages of breaking down the steps of shoe donning is recognized by the Occupational Therapist as a preferred method. The patented Funnel is inserted into the shoe first while the shoe is easily available in the lap. It

clips against the inside of the shoe and stays with the shoe as it is set onto the floor. User just steps right in. Lanyard falls out of the way while shoe donning, but is available around the wrist for removal without bending down.

CIP290 \$12.95

Original AFO Assist



Innovative lower body dressing aid makes putting on any size ankle foot orthosis (AFO) and shoe easier. Cradle can be placed upright, flat, or angled, with user in either a long-sitting or short-sitting position. Can be used with just one hand. Made of no-break polypropylene.

CHH200T \$89.95

Sock Ox Sock Aid

3-in-1 aid combines sock aid, long-handle shoe horn and sock remover. 30"L handle with removable 8"L sections helps to reach foot without bending or straining. Handle has ribbed thumb grips and top is curved to use as a shoe horn or sock remover. Simple assembly required.



MEU274 \$21.95

Bariatric Formed Sock Aid with Foam Handles

5"W, extra firm molded plastic sock aid helpful for pulling a sock onto the foot. 2 braided cord pull handles with soft foam handgrips and flat design that prevents the sock aid from rolling during sock application. Rubber self-adhesive pad provides non-slip resistance to the sock to prevent it from sliding.



CKE32027 \$13.95

Formed Sock Aids

Molded plastic frame allows the sock to be slipped over the form and then pulled onto the foot. Rubber self-adhesive pad (included) may be added to provide a non-slip resistance to the sock and can be placed in the best position for the individual user.



AMCSA2001: 2 Foam Handles \$9.95
 AMCSA1001: Cord Loop Handle. \$8.85

Long Handle Shoehorn

This high-impact, plastic shoehorn has a curved hand grip and wrist strap for easier grasping. 18"L.

ASN232. \$5.95

Dynatomy Easy Living Bracelet Assist



Easy-to-use jewelry fastening aid helps users to quickly fasten bracelets or watches without assistance. Special contoured clip securely holds one end of a bracelet or watch to allow user to easily fasten the closure. Made of soft, flexible polymer that will not scratch jewelry surfaces. Ergonomically designed to comfortably fit a wide range of wrist diameters.

ADY201 \$9.95

GETTING READY

**NEW
ITEMS**

Easy Grip Healthy Hair Brush



Flexible body fits in the palm between the fingers, allowing users to easily brush their hair without gripping. Combination comb and brush glides smoothly through wet or dry hair for healthy, shiny, full hair with minimum breakage. Use as a detangler, brush or scalp massager for all hair types including fine, fragile, thick, curls, coils, children, men and hair extension wearers. Made of soft-touch silicone. Choose color: Black, White, Burgundy, Pink, Sage Green. Includes travel pouch.

AMB200 \$26.95

Easy Grip Healthy Hair Brush with Mirror



Same design as above, but this easy-to-hold brush includes a mirror for on-the-go beauty touch-ups. Blue only. Includes travel case and attached mirror.

AMB200MB \$35.95

Easy Grip Healthy Hair Brush with Pulse Scalp Massager



This 100% waterproof model features magnetic pulse technology that stimulates the scalp, gently exfoliates, minimizes hair breakage and relieves tension. Electric scalp massager yields 2,000 or 4,000 pulsations per minute, with a charge of up to 90 minutes. Soft Gray only. Travel pouch, shower holder, USB charging cord and 1 lithium ion battery included.

AMB200PG \$69.95

Easy Grip Hair Brush Shower Holder

Convenient, accessible storage for your Easy Grip Hair Brush fits securely to clean bathroom tiles and glass by pressing shower holder firmly onto surface.



AMB200SH \$6.95

No-Rinse Shampoo

Get completely clean hair without water. Apply until hair is completely wet, massage to lather and thoroughly towel dry. Then style in a normal manner. Eliminates odors and is pH balanced. Cleansing action leaves hair fresh, clean and odor-free.



CNR100: 8-oz. Bottle \$4.95
CNR200: 16-oz. Bottle \$7.95
CNR400: Gallon Bottle \$29.95



No-Rinse Shampoo Caps



Shampoo and condition hair at once with no water, no mess, no rinsing. One-piece cap transfers massaging action directly to hair and scalp. Latex-free and alcohol-free. Ready to use; leaves hair fresh and clean and eliminates odors. Heat package in microwave for a warm shampoo.

CNR2001 \$4.95
CNR200130: Case of 30 \$98.95

No-Rinse Bathing Wipes



Each pack has 8 large premoistened cloths that clean and deodorize, leaving skin refreshed and odor-free with no water needed. Place package in microwave for 15-30 seconds for a warm bath. Just wash and air dry.

CNR300 \$4.95
CNR30024: Case of 24 \$73.95

In addition to the No-Rinse items shown above, No-Rinse Body Wash, Body Bath and Peri Wash are also available.

AutoDrop Eye Drop Guide

Simply clip to top of container after removing cap. Fits right over the eye with special lip to hold the lower lid down, preventing blinking. Unique pinhole directs eyesight upward and away from descending drops. *Non-returnable hygiene item.*



AM1208 \$7.95

Bra Angel Dressing Aid



Telescopic action allows easy storage and discreetness. Soft rubber heart-shaped chin pad for extra hold and comfort. Gives ladies who have difficulty putting on a bra increased dressing independence. Can be used with most bra types and easily adjusts from 10-15" L. Latex-free.

ABK200 \$25.95

GETTING READY

Juvo Long Handle Bathing Wand and Lotion Applicator

Applicator extends 13"-23" L to make reaching easier. Handle adjusts to 3 angles to best position the head for hard-to-reach areas. Slide button pops pads in and out, securing them in place. Pads are easily interchangeable and replacement pads are available. Soft rubber handle provides a comfortable, non-slip gripping surface and has a nylon hanging loop. Includes folding wand, bathing sponge pad and lotion applicator pad. *Non-returnable hygiene item.*



- AJV2031: Wand \$20.95
- AJV2032: 2-Pack Bath Sponges \$11.95
- AJV2033: 2-Pack Lotion Application Pads \$11.95

Long Handle Lotion Applicator



17" L adapted handle has latex-free foam applicator pad for applying lotions, oils, creams, or medications. Includes handle and 2 replaceable pads with removable sticker backing. *Non-returnable hygiene item.*

- ADP2651: Single \$10.95
- ADP2652: Package of 2 \$15.95
- ADP265R: 3 Replacement Pads \$5.95

Long Handle Bath Sponges

Clean your back, toes, or any other hard-to-reach area. Soft poly-foam is non-irritating to the skin. 18" L handle can be angled. *Non-returnable hygiene item.*



- NC28644: Round 5"x2" \$11.95
- NC28645: Contour 3"x5"x2" \$11.95
- NC28646: Rectangle 5"x2.5" \$11.95
- NC28647: Scrub \$12.95

No Drill Brushed Stainless 1.5D Grab Bar

Heavy-duty 18 gauge stainless steel grab bar is approved for fall prevention and balance assistance. The patented mounting adapter and adhesive create an extremely durable seal to secure the bars to a smooth, non-porous surface at any angle, with no drilling required. *Note that adhesive will not bond to plastered, wall-papered, veneered, or painted surfaces.*

- CIP23012: 12" \$84.95
- CIP23018: 18" \$89.95
- CIP23024: 24" \$94.95
- CIP23036: 36" \$99.95

Order by Phone Toll Free:

1-877-750-0376

**NEW
ITEMS**

Helping Hand EZY-On Compression Stocking Aids

Adapted dressing aids have robust metal frame designed to keep compression stocking open, making it easier to slide stocking onto foot. Small frame can be used as a carer's aid to help put on compression hosiery. Tall frame has long, soft foam handles to make it easier to use from seated or lying position, enabling people to apply their own stockings. Bottoms have non-slip feet for increased safety. Small: 8" H with 5" W opening. Tall: 21.5" measured from floor to top of frame; slanted 15" H, 5" W opening. Use with Class 1-2 compression tights, TED stockings and hospital socks. Clean with detergent or wipes.



- ADL208S: Small \$14.95
- ADL208T: Tall \$46.95

Helping Hand Comfi-Grip Sponges

Durable, long-handled adapted bathing sponges are designed to reduce bending, twisting, or straining to reach. 26" L handle has built-up, rubberized grip for a secure hold, even when hands are wet. Plastic handle can be heated and bent to the desired angle. *Non-returnable hygiene items.*

Helping Hand Comfi-Grip Buff Sponge

One side of sponge is smooth for washing, and reverse side is an exfoliating loofah to remove dead and dry skin. Sponge measures 5" W 2" H.

- ADL278 \$18.95



Helping Hand Comfi-Grip Foot Scrub Sponge

Wash the top and soles of feet in the shower or bath using the contoured base of the foot sponge. Then using the tapered toe sponge, easily wash in between toes. Sponge measures 3.5" W 3.9" L.

- ADL270 \$18.95

Helping Hand Foot Scrub Brush with Pumice

Features a pumice stone instead of sponge. Handle is 17.5" L, 0.5" H, 1" W tapering to 0.5" W. Pumice stone attaches securely. Ideal for scrubbing feet.

- ADL280P \$16.95



GETTING READY



FreedomWand® Personal Toileting Aids

Easy-to-use multipurpose toileting and personal hygiene tools for users with limited range of motion. Features include slightly curved head and slide bar that extends 4 grippers out of the wand to hold toilet tissue, shaver, small makeup sponge to apply medicated cream to hard to reach places, and loofah with appropriate size knot tied into the rope. Grippers easily slide back into the wand to secure item in place with a tight grip. Made of durable and easy-to-clean polypropylene. Inserted tools not included. Each kit includes a washable cloth carry bag which allows for an active independent lifestyle with dignity. Kit sizes listed are for overall kit measurements. *Non-returnable hygiene items.*

- ATS900: 20" Master Kit (head, extension, handle) \$53.95
- ATS900S: Handle Strap \$9.95
- ATS900E: Additional 6.5" Extension \$13.95
- ATS901: 14.5" Compact Kit (head, handle) \$42.95
- ATS902: 25.5" Ultimate Kit (head, 2 extensions, handle, strap) . . . \$69.95



Butt Scrubber Multi-Purpose Hygiene Aid

Allows users to clean personal areas using soap and water in the comfort of their bath by simply soaping up, swishing and rinsing. Wrap the head with gauze, a sanitary wipe, or tissue to apply medication. The head is small enough to clean between toes and a long handle makes reaching easier. Especially beneficial for users with mobility issues like pregnant women, the elderly, or accident/surgery patients. Measures 17.5" L overall. Sock covers and replacement heads available. *Non-returnable hygiene item.*



CRB200 \$24.95

Juvo Self-Assist Toilet Aid

Elegant, dignified long-handle wiping tool for people who have difficulty reaching. Soft curve for easy access from front or back, depending on condition. Has soft ergonomic handle and easy-squeeze trigger with two release positions. Measures 18.2" L. *Non-returnable hygiene item.*

AJV200W \$24.95



Buckingham Compact EasyWipe Toileting Aid

Long-handled aid helps users with limited dexterity and reach to effectively dispose of tissue. Flexible head holds tissue or wipes. Compact, foldable design is discreet and ideal for travel. *Non-returnable hygiene item.*



ABK211 \$44.95

Buckingham Pocket EasyWipe Toileting Aid

Folding toilet aid designed to fit in a pocket or handbag. Compact when folded, it extends to 15" L, and provides a longer reach than other bottom wipers. Soft touch



handle gives easy, secure grip and hold. Used tissue drops easily into toilet by gently shaking the bottom wiping aid. Made of latex-free silicone. Includes discreet soft carry pouch. *Non-returnable hygiene item.*

ABK212 \$37.95

Buckingham EasyWipe Toileting Aid

Lightweight, latex-free toileting aid grips tissue firmly and releases it cleanly. Rounded design works with tissue and wipes. Designed by a senior occupational therapist, this personal hygiene aid has an ergonomic shape that was developed through extensive research. Measures 15" L. Includes travel bag. *Non-returnable hygiene item.*



ABK210 \$42.95

Long Toilet Tissue Tongs

Stainless steel, vinyl coated lightweight 15" L tongs help individuals with limited reach to use toilet paper for independent hygiene. *Non-returnable hygiene item.*



ASP6219 \$9.95

Aqua Eve Female Urinal

Soft skin-contact surface is hypo-allergenic. Grip zone with non-slip raised beads for smaller hands. Developed by a female hospital professional for bed-bound women to increase independence. Easy grasp vessel with soft touch inlet fit ring and odor sealing leak proof cap. Polypropylene vessel, thermoplastic elastomer inlet ring, polyethylene closure. Capacity 500 ml. 7.5" L, 2" W, 4" H; weighs just 5 oz. *Non-returnable hygiene item.*



AEV201 \$19.95

GETTING READY

MaddaGuard Splash Guard

Extra-large, easy-to-use deflector helps keep urine from missing toilet. Slides directly onto regular or elevated toilet seats and bidets. Guard extends upwards about 5", is about 4" wide and is easily installed and removed as needed. *Non-returnable hygiene item.*



CMI272..... \$14.95



Big John Toilet Seat

Fits on all standard toilets, round or elongated, to help make sitting down on and getting up from toilet easier. Comfortable, ergonomic design with contoured sitting surface. 2.5" rise is higher than standard toilet seats. 19"W from side to side.

Opening measures 11½" from front to back and 8¾" from side to side. The standard toilet seat comes with nylon hinges and the original seat comes with solid stainless steel hinges. ADA compliant. Standard Seat has 800 lb. capacity and comes in white only. Original Seat has 1200 lb. capacity, available in white or cream. *Non-returnable hygiene item.*

ABJ268: Standard\$79.95
ABJ261: Original Heavy Duty.....\$133.95

URSEC Men's Spill Proof Urinal

Portable, lightweight urinal bottle has anti-reflux system to prevent spills. Hypoallergenic, stain-resistant, reusable plastic with marked raised graduations to indicate when it needs emptying. Holds up to 32 oz.



Wide stable base for easy positioning. Large handle hangs conveniently on bed rails. No lid to open and close, so ideal for one-handed users. All edges and openings are smooth for patient comfort. Nearly odor-free and noiseless to use. Quickly and hygienically emptied. Measures 12.75"L, 6"H. *Non-returnable hygiene item.*

CPS240.....\$54.95



UltraCommode Folding Padded Toilet Chair

Functions as a raised toilet seat, toilet safety frame, bedside commode, or shower chair. Comfortable premium foam padded seat doesn't absorb water, and heavy-duty aluminum frame won't rust. Requires no tools, so easily disassembles for storage or

travel. Choose blue or gray. Supports up to 300 lbs. *Non-returnable hygiene item.*

APH200.....\$263.00



My LEDA Lower Extremity Dressing Aid

This simple tool allows users to pull on clothing from a sitting or standing position, increasing independence for lower body dressing. User places pants leg through figure 8 style frame openings and wraps waistband around frame top, pulling cord loop handle. Cut 70"L rope to a comfortable length. Small, lightweight, flexible frame is 21" L x 8" W.



COM200.....\$39.95

Dignity Padded Commode Chair

Multi-purpose chair serves as bedside commode, over-toilet commode, or shower chair. Pail detaches for chair to transform. Durable, reliable, height-adjustable commode has rubberized footing and water-resistant, soft foam padding. Choose blue or gray. Weight limit 330 lbs. *Non-returnable hygiene item.*



APH210.....\$186.00



Dignity Heavy Duty Commode Shower Chair

Like the APH210 above, but specifically for bariatric users, with a heavy-weight capacity of 600 lbs. *Non-returnable hygiene item.*

APH210HD.....\$315.00

The Ultimate Padded Raised Toilet Seat Safety Frame Chair

Multi-functional aid can be a raised toilet seat, toilet safety frame, bedside commode, or shower chair. Comfortable padded seat resists moisture penetration. Portable, requiring no tools to assemble. Weight capacity 350 lbs. Choose blue or gray. *Non-returnable hygiene item.*



APH247.....\$159.00

GETTING READY

**NEW
ITEM**

Carousel Powerslide Premium Sliding Bath Bench

Remote control sliding transfer bench with swivel seat increases bathing independence. Has warm-to-the-touch, comfortable, slip-resistant padding on all main components. Shower seat, back and armrests are made with blue medical-grade, closed-cell molded polyurethane padding and will not absorb any water, making it easy to clean and disinfect. Chair requires 3" of clearance from nearest wall or obstruction to fully rotate. Tub ledge clearance is 14"-18.5" with standard legs. Weight limit 300 lbs. *Non-returnable hygiene item.*

APH236.....\$495.00



Carousel Premium Sliding Bath Bench

Sliding transfer shower bench has warm-to-the-touch, comfortable, slip-resistant padding on all main components. Medical-grade, closed-cell molded polyurethane padding absorbs no water, making it easy to clean and disinfect. Chair requires 3" of clearance from nearest wall or obstruction to fully rotate. Choose blue or gray. Weight limit 300 lbs. Simple assembly required, no tools necessary. *Non-returnable hygiene item.*

APH234.....\$329.00



Carousel Premium Heavy Duty Sliding Bath Bench

Like the APH234 above, but designed specifically for bariatric users, with an extra-wide blue padded seat, backrest and armrests. Has a heavy-weight capacity of 600 lbs. *Non-returnable hygiene item.*

APH235.....\$499.00



All Access Transfer Bench with Cut-Out Seat

Comfortable, sturdy seat helps users safely transition in and out of a bathtub. Optional cut-out insert for use as solid seat or open seat for easier personal hygiene access. Adjustable legs and reversible design require no tools for assembly. Choose blue or gray. Weight limit 330 lbs. *Non-returnable hygiene item.*

APH255.....\$174.00



HydroGlyde Premium Sliding Bath Transfer Bench with Cut-Out Seat

Easy-to-assemble bathtub safety seat has cut-out seat section that easily removes for personal care. Adjustable seat height accommodates both user needs and bathtub clearance. Has strong suction cup leg tips and safety belt. Choose blue or gray. Weight limit 420 lbs. *Non-returnable hygiene item.*

APH256.....\$194.00



Simplicity Transfer Bench Shower Curtain

Provides a functional and elegant solution for privacy and safety for tub transfer bench users. Two vertical slits allow curtain to fall down and remain fully inside tub. It's hookless and installs in seconds! Made of 100% polyester plain weave fabric that resists soap scum build-up. Curtain measures 71"W, 72"L; flap measures 10½"W. Machine wash and dry. Choose white or beige. *Non-returnable hygiene item.*

CRT211.....\$42.95



Whitaker Transfer Bench Shower Curtain

Same details as above, but features a sheer window across the top which allows more light in the shower enclosure. Choose white or beige. *Non-returnable hygiene item.*

CRT221.....\$49.95



GETTING READY

Platinum Health

Offering innovative healthcare, rehabilitation and fitness products that enable consumers to 'age in place' in the comfort of their own homes and remain independent. The bright blue product color provides increased contrast for users with visual impairments to distinguish the bench from the tub easily, and helps prevent slips, trips and falls.

**NEW
ITEM**

HydroSlide Tub Mount Sliding Bath Chair with Padded Swivel Seat



Sliding, swivel blue bath chair has padded seat base, armrests and backrest for safety and comfort. Reversible seat rotates left or right, and includes seat belt. Rust-resistant aluminum frame fits over most tubs from 21.5" - 25.5"W to help users enter and exit tub from seated position. No tools required. Weight limit 330 lbs. *Non-returnable hygiene item.*

APH263.....\$229.00

**NEW
ITEM**

Tranquilo Premium Electric Bath Lift



Easy-to-use powered lift chair allows users to bathe without worry or danger. At the push of a button, lift raises and lowers users and also reclines. Integrated seat flaps automatically bridge the seat and tub ledge and allow users to safely transfer to seating area. Lift reaches maximum lifting height of 21.5" for all standard tubs and tubs with higher sides. High-strength, all-composite frame and base will never rust. 6-suction-cup base provides more contact with tub floor. Weight limit 300 lbs. *Non-returnable hygiene item.*

APH275.....\$595.00

**NEW
ITEM**

The Revolution Padded Shower Chair with Swivel Seat



Features locking, swivel seat and weight-bearing armrests that pivot to help make bath and shower transfers easier. Padded seat, backrest and armrests for increased comfort. Made of strong, lightweight aluminum and requires no tools for assembly. Durable institutional-quality, polyurethane foam does not absorb water. Legs are height-adjustable with non-slip rubber grips. Choose blue or gray. Weight capacity 330 lbs. *Non-returnable hygiene item.*

APH230.....\$249.00

**NEW
ITEM**

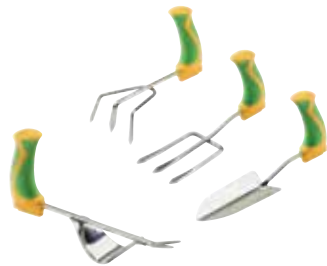
Apex Hip Chair with Armrests



For users with partial or total hip replacement, arthritis or knee surgery. Has raised seat with extended legs to minimize hip movement when sitting. Armrests provide more leverage when standing or sitting. Seat and back are commercial-grade polyurethane foam that's easy to clean and disinfect. Rustproof, high-strength, polished aluminum frame requires no tools for assembly. Seat adjusts up to 27" H and from 0° (horizontal) to -13°, with tilted-angle setup for easy entry and egress with minimum hip flexion. Choose blue or gray. Weight limit 265 lbs. *Non-returnable hygiene item.*

APH270.....\$176.00

AROUND THE HOUSE



Easi-Grip Garden Tools

Ergonomic-angled handle keeps the hand and wrist in a natural position, taking the strain and discomfort out of gardening. The stainless steel metal section helps prevent soil

adhesion. The soft-feel, non-slip grip prevents the tools from turning in the hand, giving a firmer grip even in wet conditions.

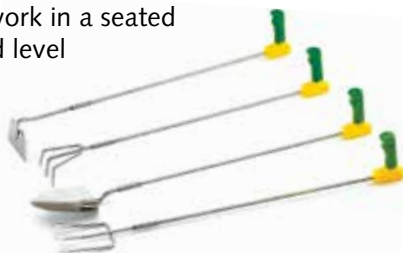
- AMC300T: Trowel\$22.95
- AMC300C: Cultivator\$22.95
- AMC300F: Fork\$22.95
- AMC300W: Weeder\$22.95
- AMC300S: Set of 3 (Fork, Trowel and Cultivator)\$52.95
- AMC304S: Set of 4 (Fork, Trowel, Weeder and Cultivator)\$65.95

Easi-Grip Long-Reach Garden Tools

Allows gardeners who work in a seated position to reach ground level without bending over.

Ergonomically angled handle keeps hand and wrist in a natural and comfortable position, while the length of the tool eliminates strain on

back and shoulders. "Soft-feel" non-slip grip handle gives comfort and control, even when wet. *Due to the working position and increased weight of the long-reach tools, we recommend using the Arm Support Cuff with them, which is sold separately below.*



- AMC300LRT: Trowel\$54.95
- AMC300LRC: Cultivator\$54.95
- AMC300LRH: Hoe\$54.95
- AMC300LRF: Fork\$54.95
- AMC300LRS: Set of 4\$198.95
(Long Cultivator, Long Fork, Long Trowel and Long Hoe)



Easi-Grip Arm Support Cuff

Designed to assist gardeners who suffer from weak hands and wrists, but love to work outside. Easily plugs into the back of any Easi-Grip tool. Cuff allows forearm and upper arm strength to be used to move the tool, decreasing strain on wrist and fingers.

- AMC302\$12.95

**NEW
ITEMS**



Yard Butler Garden Hose Bib Extender

Easy-install extender allows a faucet to be moved away from obstructions for convenient watering. Powder-coated, heavy-duty steel post easily slides over fencing post or mounts in ground with concrete. Durable brass faucet can be plumbed directly into an in-ground PVC or copper system. 24"H x 2"W x 5"D, weighs 3 lbs.

- AYB334\$48.95

Yard Butler Garden Hose Hanger with Spigot: Free Standing

Heavy-duty metal hanger helps keep a garden hose organized and tangle-free to place a water faucet where it's most accessible. Built-in durable brass spigot easily connects to sprinkler, nozzle or hose. Holds up to 100 feet of 5/8" garden hose. 30"H x 13"W x 7"D, weighs 9 lbs.



- AYB339\$61.95

Yard Butler Heavy Duty Garden Hose Hanger: Wall Mount

Heavy-duty 12-gauge, powder-coated steel hanger with extra bracing holds 125 feet of 5/8" garden hose. Wall mount prevents sagging and eliminates kinks and tangles. 6.5"H, 12.5"W, 5.75"D, weighs 1.9 lbs.



- AYB335\$26.95

Easi-Grip Add On Handles

Convert conventional style tools with hard to control handles to ergonomic grip handles that are easy to use and to control. Simply slip the handle of the tool into the two stainless steel clamps which can be finger tightened with the plastic wing nuts.



- AMC301 (package of 2)\$33.95

AROUND THE HOUSE

**NEW
ITEMS**

Yard Butler Handy Reel Portable 2-in-1 Hose Reel

Heavy-duty, kink-free reel with pre-drilled holes in the feet mounts on wall or stands sturdy on ground. Compact, low-profile design has steel tube frame, stainless steel inlet pipe and brass hose fittings. Holds 75 feet of 5/8" water hose. 15"L, 13.25"W, 13.87"H, weighs 9 lbs.

AYB338.....\$132.95



Yard Butler Wall-Mounted Swivel Hose Reel

Wall-mount design swings 180° for easy winding and unwinding of up to 100 feet of 5/8" garden hose. Powder-coated steel frame is heavy-duty and rust-resistant, with brass fittings to securely hold hose. Measures 20"W, 17"H, 11"D, weighs 29 lbs. and includes a 3' supply hose for faucet. Pre-drilled bolt holes align with wall studs for easy installation.

AYB354.....\$159.95



Yard Butler Mighty Reel

Wall-mounted swivel hose storage reel swings 90° from wall to pull hose easily in any direction and minimize kinks. Lightweight, compact storage reel of powder-coated, rust-resistant steel holds up to 75 feet of 5/8" water hose. Includes 5' supply hose to attach to hose outlet and lag bolts for mounting in wood. 13.75", 13.5"W, 8.6"D, weighs 8 lbs.

AYB352.....\$129.95



Faucet Grip Handle Grips Double Pack

Adapted faucet grip hose bib handles are placed on top of existing latticework handle to help turn faucet on and off completely and with ease. Simply align 2 holes in the grip handle with slots in the existing faucet head and attach using long screws and nuts provided.



AFG200 (package of 2).....\$15.95

Helping Hand PRO Reachers

Helpful reaching aids designed to utilize power from the whole hand. Soft non-slip gripcert jaw has durable edges that flex and mimic a natural finger and thumb action for securely picking up even the smallest items, and can rotate 90° to enable an easier, more secure grip. For daily activities such as sitting down to get dressed, reaching from a chair, or standing up in the kitchen, the standard size is recommended. For reaching up to higher shelves, or for users over 5'10" tall, the manufacturer recommends the longer sizes. Includes a clip for securing to walker, cane, or wheelchair tubing. Manufacturer advises not to pick up objects greater than 2.2 lbs.



Handi-Grip PRO Reachers

ADL392S: 26" Standard.....\$26.95
ADL392L: 32" Long.....\$29.95



Arthri Grip PRO Reachers

Full finger trigger requires less force, making it more comfortable to use.

ADL382S: 26" Standard.....\$30.95
ADL382L: 32" Long.....\$32.95



Helping Hand Classic PRO Reachers

Hooked trigger is great for pulling up socks or putting on a coat. Has handy magnet at the tip that helps pick up small metal objects and dressing post at the jaw end of the reacher.

ADL362S: 26" Standard.....\$24.95
ADL362L: 32" Long.....\$26.95



Classic PRO Folding Reacher

Folds up to fit neatly into a shopping bag, suitcase, backpack, or handbag.

ADL372S: 21" Short.....\$25.95
ADL372L: 27" Long.....\$29.95
ADL372XL: 35" Extra-Long.....\$30.95

AROUND THE HOUSE

Bicycle Playing Cards

Plastic-coated paper playing cards, available in red or blue. Original artwork on court cards and card fronts, and card backs feature the Bicycle classic Rider back design. Patented air-cushion finish and softly beveled edges for easier handling and enhanced gameplay. Decks include 52 cards and 2 Jokers.

Bicycle Poker Size Jumbo Index Playing Cards



Large print, colorful cards are designed to be more visible, making card playing easier for users with low vision. Poker-size cards measure 2.5" H x 2.5" W.

AMI3019.....\$5.95

Bicycle Bridge Size Large Print Playing Cards

The larger fonts and pips on these cards make them easy to read for users with vision impairment. Bridge-size cards measure 3.5" H x 2.25" W, with 1.25" H letters and numbers.



AMI30110.....\$5.95

Bicycle Pinochle Jumbo Index Playing Cards



Large print adapted playing cards created especially for the Pinochle card game. Cards measure 3.5" H x 2.5" W.

AMI3016.....\$5.95

Stander Lever Extension Handle

Provides easy adjustment for reclining chairs, adding 6" with its padded design. Four-bolt attachment ensures secure fit; made of heavy-duty steel.

AST420.....\$21.95



Great Grips Two-Lever Doorknob Grippers

Slips over existing door knob/faucet to provide a slip-free, graspable surface. Clear plastic, latex-free. ADA compliant.

AGG2001 (package of 2).....\$12.95



Zen Sensory Strips Pack of 24



Lightweight textured strips help students focus by providing tactile sensations. Simply touching, swiping, scratching or fidgeting with the strips helps better manage stress, boosts concentration and provides a calming effect. Apply to items like smartphones, laptops or water bottles. Easy-peel, stick and press application can be easily removed and repositioned. Non-toxic, child-friendly materials in green, purple, pink and orange gradient shades, 4" L x 1" W. Choose Sandy Gradient with raised texture or Bumpy Gradient with raised, bumpy diamond texture.

CTP385S: Sandy Gradient.....\$29.95

CTP385B: Bumpy Gradient.....\$29.95

Self Opening Kitchen Shears



Adapted spring scissors with non-slip large, comfortable, ergonomic handles that prevent the scissors from slipping and allow use of the strength of the whole hand. Stainless steel blades and spring with safety catch to lock blades when not in use. 9" L overall.

APE320.....\$17.95

Easi Grip Scissors

Lightweight and easy to use, needing only a very gentle squeezing action between fingers and thumb or fingers and palm of hand. Automatically reopen once pressure is released. Ideal for people with decreased hand strength. Blade guard supplied for safe storage. Stainless steel 3" L blades; 9" L overall.



AMI307L.....\$14.95

Long Loop Easi Grip Scissors

Similar to standard model above, helps overcome difficulties with weak hand or grip conditions that make the use of conventional style scissors uncomfortable or impossible. Stainless steel 3" L blades. Choose left or right hand.



APELEG5.....\$15.95

AROUND THE HOUSE

**NEW
ITEM**

Multi Grip Bottle Opener

Provides users with decreased hand strength an easy way to open plastic safety caps on pill bottles, cleaning liquids and drink bottles. Simply place opener over safety cap, and apply pressure and turning motion to unscrew cap. Made of strong, dishwasher-safe white polystyrene plastic.

AAA111\$7.95



Nimble Safety Cutter Package of 3

Smart cutting tool that can be operated safely and efficiently using just one finger. Package of 3 bright yellow silicone rubber with Zirconia ceramic blade that never needs to be replaced.

APE3113\$19.95



NUMUV Grip Aid

Soft ergonomic grip fits comfortably in hand to provide an increased gripping surface for use with utensils, toothbrushes, pens, pencils and more.

This unique gripping aid was created for people who have poor hand strength or limited gripping power. Of dishwasher-safe medical grade silicone with a grid pattern that allows it to conform to the user's hand. 2.5" L, 1.75" diameter. Choose red or blue.

ANP100. \$13.95



KeyWing Key Turners

Key turning aid gives users extra grip and control and provides increased leverage, making it far easier to hold and turn with minimal effort. Made of lightweight nylon. Fits standard house keys. Package of 3 bright colors.

APE3103 \$20.95



Functionalhand Universal Handle

A universal cuff that assists the grasp of users of all ages, toddlers through adults, with hand disabilities or impairments. Securely holds items as small in diameter as a toothpick and as wide as a water bottle. Prevents slippage. Dishwasher-safe bioplastic with elastic shock cord.

CTS100. \$42.00



Freedom Easy Living Key Assist Pack of 3

Set of 3 ergonomically designed key turning aids have special propeller shape to give extra leverage when using keys. Simply insert key through the opening until key is fully seated in the turner. Multi-color set has one each of black, grey and red. Includes key ring.

AFD301C \$9.95



Dynatomy Easy Living Lamp Assist Pack of 3

Special propeller shape for effortless operation of standard lamp switches and knobs. Each package includes 3 lamp assist ergonomic black knobs.

ADY302\$9.95



Hand Clip Page Turner

Lightweight, easy-to-use device does not require gripping for turning pages. Aluminum clip fits comfortably around either the right or left hand. Long curved light aluminum bar has a rubber tip at the end to easily flip pages.

AKE356. \$24.95



Leveron Door Knob Lever

Universal door knob lever that easily converts a standard door knob into a lever handle. Fits all types of door knobs regardless of size or shape, and on either side of interior or exterior doors. Requires no adhesives or screws. Center opening allows full key access. Includes 2 handles and installation wrench.

ALL0101 (package of 2)\$28.95



AROUND THE HOUSE

Handy Hook Door Opener

Long-reach assistive device helps wheelchair users turn door knobs, deadbolts and door locks from a distance clear of the door's swing path. Measures 23.5" L overall; handle is 18" L, 0.75" W, with 5" cushioned grip. Non-slip hook is 4.5" L, 2.25" W. Device weighs just 7 oz. Aluminum handle, foam rubber cushion grip.



ACC300\$28.95



OXO Good Grips Extendable Tub & Tile Scrubber

Reaches into corners and tight spaces to easily clean showers, tubs, behind toilets. Pole extends 26" to 42" L to clean entire bathroom without climbing, crouching, or kneeling. Rotating head provides leverage for cleaning at different angles.

AOX321\$19.95
AOX321R: Refill Scrubber\$6.99

**NEW
ITEM**

T-Pull Door Closer

This simple adapted handle makes door closing easier for wheelchair users and those with limited mobility. Durable, high-density ABS plastic parts can be used on most inside or outside door types, except glass or fire doors. Long, extended arm swivels so it can be grabbed and pulled from any position, then fits flat against door. Screws included for permanent installation, but its 3M sticky pad works well in most situations. Choose black or white. 8" L, 2.5" W, 0.75" H.

MTP403\$39.99



**NEW
ITEMS**

The Pencil Grip Crossover Grip Original

These ergonomic writing grips gently place the user's fingers in the proper position for gripping. Designed with "wings" that hold fingers in place and stop them from crossing over. Fits on pencils, pens, crayons and many drawing and writing tools. For both right- and left-handed users. Bag of 6 grips made with flexible soft, rubbery, latex-free material in assorted primary colors.

CTP359 (package of 6)\$12.95



The Pencil Grip Writing Claw

Features 3 flexible sleeves that guide pointer finger, middle finger and thumb into the correct tripod grip position for holding pencils, pens, crayons, utensils and more. For both righties and lefties. Specify size: Small fits 2-year-olds through kindergarten students. Medium fits K-6th grade students and most adult females. Large fits most adults. Includes 6 soft rubber, latex-free grips in assorted colors.

CTP350 (package of 6)\$9.95



Grip Solutions Writing Grip

Made from textured non-slip material with a pocket for holding a pen, pencil, stylus, or paintbrush. Elastic strap secures the grip to the user's finger. Measures 3" L, 1.25" W. Proprietary, abrasion-resistance/non-slip thermoplastic coating.

AGS380\$9.95



BipGrip Pen Grip

Makes any standard pen, pencil, or crayon easy to hold by reducing required gripping power. Works for left- and right-handed users of all ages to simplify writing and drawing for even the weakest grip. Latex-free red plastic, 4.5" L x 1" diameter.

CPS300\$10.95



ArthritisSupplies.com™

We make living with Arthritis Easier since 1999

AROUND THE HOUSE

Ergo Sof PenAgain

Ergonomically designed to adapt to the contour of the hand, thus alleviating stresses normally observed with a standard pen. The natural weight of the writer's hand provides sufficient pressure to apply ink to the paper. Perfect for patients with limited grasp.



APW300: Ergo Sof PenAgain. \$9.95
 APW300R: Black Ink Refills (package of 2) \$3.95

Ring Pen Ultra Writing Aid

Ergonomic concept for writing without gripping. Contoured grip fits pen, pencil, paintbrush, cutlery, toothbrush and more. User's index finger slips through opening in center. Only available for right-hand users at this time. Medium size measures 4" L, 1.5" W.



AMI315S: Small Yellow. \$13.95
 AMI315M: Medium Blue \$13.95
 AMI315L: Large Black. \$13.95



The Classic Ring Pen

Balanced ergonomic pen is designed to reduce the stress and pain of writing. Barrel has center opening that allows one finger to fit through the ring, providing a natural resting place for the writing finger. Does not require a tight grip. Black ink with

additional refills available separately. Pen is 5.5" L, 1" W, 1" diameter. Fits left or right hand.

AMI310. \$11.95
 AMI310R: Refill (package of 2) \$3.95

Heavyweight Pen with The Grip

This weighted writing aid combines added weight and a patented grip that gently positions fingers in the proper, ergonomic position for gripping. Includes one high-quality Swiss ink cartridge. Weighs 2.8 oz.



CTP351. \$20.95

Evo EZ Stylus

Unique, affordable, intelligently designed adapted typing aid for those with limited hand dexterity using a tiny keyboard. Universal grip. No batteries or charging needed

AEP302 (package of 2) \$12.95



The Pencil Grip Premium Pencil Grips Assortment

Ergonomic gripping aids provide increased comfort and control for writing. Assortment bag of 12 includes 2 Original The Pencil Grips, 2 Crossover Grips, 2 Pinch Grips, 2 Bumpy Grips, 2 Groovy Grips and 2 Claw Grips in assorted colors. "One size fits all" to help both right-handed and left-handed kids and adults. Fits most writing instruments.



CTP356: Bag of 12 \$19.95

The Pencil Grip Bumpy Grips

Unique writing grip has a bumpy textured surface to provide the proper form for writing. Bag of 12 assorted color grips are lightweight and slim to fit most pencils, pens, crayons, markers and paintbrushes.



CTP357: Bag of 12 \$24.95

The Pencil Grip Classic Foam Grips

These classic foam pencil grips guide the hand into an ergonomic position and help relieve hand pain, reduce fatigue and improve comfort. Vibrant assortment of grips help kids and adults, both right-handed and left-handed.



CTP355: Bag of 12 \$5.95

The Pencil Grip Triangle Grips

These classic triangle pencil grips are a well-known grip style and provide soft support in a vibrant assortment of colors. Each grip is approximately 1.75" L and helps both right-handed and left-handed kids and adults to guide the hand into an ergonomic position to relieve hand pain, reduce fatigue and improve comfort.



CTP358: Bag of 12 \$5.95

The Pencil Grip

No. 1 grip recommended by doctors, teachers and occupational therapists for writing ergonomics to prevent hand fatigue and pain. Places fingers in the proper position for gripping. Fits on pencils, pens, crayons, other drawing and writing tools. For adults and children, righties or lefties. Of flexible, latex-free rubber in assorted primary colors.



CTP353: Original (package of 6) \$12.95

CTP354: Jumbo (package of 6) \$15.95

AROUND THE HOUSE

HandiThings Hand Weight

Weighted glove fits comfortably on back of hand. Open palm and loop fingers allow the user's fingers and wrist to move freely. Durable Lycra pouch is double-stitched for strength, and held in place by elastic thumb and finger loops and Velcro® wrist strap. Filled with lead-free steel shot. Hand wash and air dry. Includes one hand weight; fits left or right hand.



- CHT301XS: Extra-Small, 2.25", weighs 0.25 lb. \$19.95
- CHT301S: Small, 2.5", weighs 0.375 lb. \$21.95
- CHT301M: Medium, 2.75", weighs 0.5 lb. \$22.95
- CHT301L: Large, 3.5", weighs 0.5 lb. \$24.95
- CHT301XL: Extra-Large, 4", weighs 0.5 lb. \$26.95



HandiThings Arm Weight Sleeve

Weighted forearm compression sleeve helps users who experience tremors during fine motor tasks by distributing weight evenly along the top of the forearm. Constructed of dark navy latex-free stretch jersey fabric with lead-free steel shot and heavy-duty stitching.

- CHT304XS: X-Small, 5-6.5", 0.25 lb \$19.95
- CHT304S: Small, 6.5-8", 0.5 lb \$21.95
- CHT304M: Medium, 8-9", 1 lb \$22.95
- CHT304L: Large, 9.5-11.5", 1 lb \$24.95
- CHT304XL: X-Large, 11.5-14", 1 lb. \$26.95



EazyHold Grip Straps Adult 5-Pack

Hand mobility support straps of soft silicone that fit a variety of utensils and tools for people who needs assistance gripping. Food-grade silicone is Latex, BPA, Phthalates free. Fits left or right hand. Includes one of each size: Aqua 6.5"L, 0.625"W, 0.5" openings; Blue 5.25"L, 0.5"W, 0.5" openings; Lavender 5.75"L, 0.5"W, 0.25" openings; Orange 5"L, 0.5"W, 0.125" openings; Yellow 4"L, 0.5"W, 0.125" openings.

- AEH100A: Adult. \$43.95

Carson Hands-Free Flexible Neck Light

Uniquely designed, flexible neck reading light wraps around the user's neck to provide illumination for hands-free use in a variety of tasks. Dual LED reading lights for maximum brightness. Material is comfortable against the skin, hugs gently around the neck, or easily bends to an angle. Requires 3 AAA batteries (*not included*).



- CUO331 \$17.99

Carson Round LED Lighted 5X Magnifier

Illuminated handheld magnifier has 5X power 2.5" aspheric LED lighted magnifier.



- CUO3045 \$14.99

Carson Round LED Lighted 7X Magnifier

Has distortion-free, bright LED light and 1.5" diameter 7X power acrylic lens.

- CUO3047 \$10.99



Stayput Mat Non-Slip Writing Aid

Helpful tool for writing at a desk or on a slope board. Magnetic frame secures paper while non-slip frame backing eliminates movement on table surface. Mat can be used with any letter-size paper, and is durable, lightweight, easy to carry. Overall 10"W, 12"L. Frame opening 7.5"W, 10"L.

- CSP300 \$19.95



Grip Solutions Lap Boards

Rigid, non-slip multi-use pad for transporting items and preventing spills. Fits comfortably on user's lap or is easily carried by hand. Durable textured surface is non-slip and non-sticky. Weighs 1.5 lbs.



- AGS305: Lap Board 11"W x 14"L \$39.95

- AGS310: Long Lap Board 8"W x 18"L \$39.95

Grip Solutions Activity Pad

Multiple-use mat with non-slip texture keeps items from sliding around on flat surface during transport or everyday tasks. 10"L, 15"W, black/yellow. Dishwasher-safe thermoplastic coating.



- AGS307 \$21.95

ON THE MOVE

Ergocap Winter All Terrain Crutch Tip

Universal four-foot replacement tip provides stability and balance at any angle. Anti-slip design promotes ideal heel-toe gait. Embedded spikes give increased safety in challenging weather conditions and easily retract for indoor use. Like snow tires for your cane or crutches! Fits round tubing up to 0.75" diameter.



MER414 \$35.99

Ingrid Cane or Crutch Tip with Retractable Spike

Provides firm grip on snow, ice and most outdoor surfaces. Easily retracts for summer or indoor use. Made of high-quality polyurethane with stainless steel spike that will not rust. The tip has a patented elastic neck that adjusts to the dimension of cane or crutch shaft.



ASG4831: Small fits 1/2" to 11/16" \$12.95
 ASG4832: Medium fits 5/8" to 7/8" \$12.95
 ASG4833: Large fits 13/16" to 1 1/16" \$12.95

Easy to Use Walker Coasters

A welcoming upgrade from traditional walker glides, wheels and balls, these bright yellow, lightweight footpads are highly visible, making them easy to see where the legs of the walker are to avoid tripping or stumbling. Made of a special polymer blend, durable plastic that easily glides in all directions over most floors with very little effort. Replacement walker footpads include an O-ring to securely attach without tools. Pads won't absorb water or collect debris. Fits all standard 1" walker legs; 2 1/2" diameter, 1 1/2" H. Made in USA.



MEU473 (package of 2) \$9.95

Penco Walker Guides

Fits front-wheeled walkers with 1"-1 1/8" tubing diameter. Patented, self-fitting mechanism for easy installation. Made of durable, high-density resin for use on all walking surfaces. Moves easily over thresholds and slight elevation changes without lifting walker. Made in USA. Choose white or gray.



ADM1031 \$14.95

Wheelchair Brake Lever Extensions

These extensions slide over the existing brake lever on most manual wheelchairs, making it easier to lock the manual brakes. Chrome-plated stainless steel with gray rubber tip. Includes one pair.



AMI88778: 6" Extensions \$12.95
 AMI88779: 9" Extensions \$15.95



Wheelchair Ball Grip Brake Extensions

12" L durable steel extension handles with soft rubber ball grip help make locking manual wheelchair brakes easier. Includes one pair.

CRP411 \$24.95

Easy Wheelchair Push Bar

This stabilizing bar attaches to the push handles on back of a wheelchair to make pushing easier. To eliminate bending over to push a wheelchair, the original and security models add 4" to push handle height, and the tall model adds 6". Bar expands with thumb screws from 15.5" to 24" to fit most wheelchairs and can be pushed with just one hand. Made from aluminum with push bar covered by durable overmolded ABS plastic. No tools required to install. Supports 250 lbs.



CTC425T: Tall Heavy Duty Model \$85.95
 CTC424: Security Model \$69.95
 CTC423: Original Model \$69.95

Wheelchair Hand Grip Extensions



Hand grip extensions are valuable ergonomic tools that help keep someone pushing wheelchair to lean over. Raise the height of wheelchair hand grips by 5". Just slip on over existing hand grips. Sold in pairs to fit most standard wheelchair hand grips.

CSM319: One Pair \$61.95

Granny Jo Wheelchair, Walker or Scooter Bag

Attaches easily using adjustable straps and clip fasteners. 100% cotton-duck bag has Velcro® closure, outside pocket with zippered compartment for cell phone, and interior slots for credit cards/ID.



16" x 9", can be attached on inside or outside of wheelchair arm or hung on back of chair. Scooter users can adjust straps to fit width of arm on their machine. Navy or black.

MGJ0701 \$13.95



ON THE MOVE

**NEW
ITEMS**

Skil-Care Wheelchair Rain Cape

Royal blue rain poncho with zippered pouch, designed to provide full coverage and effective protection for both user and wheelchair. Durable, lightweight nylon fabric is wind- and water-resistant to keep users dry and warm. A pouch with straps stores cape and keeps it easily accessible. Hand wash and air dry. Do not launder.

CSK470\$55.95



Skil-Care Lap Blanket with Hand Warmer

Light blue hand warmer is made of soft fabric with sheepskin lining at bottom to provide warmth to lap, hands and feet. Includes 2 Velcro® straps to easily attach it to a wheelchair frame. Top has 2 hand warmer pockets and a center utility pocket. Machine wash and dry.

CSK471\$35.95



Skil-Care Wheelchair Apron

Full-sized lap covering is 33" L and extends past knees to provide better coverage for wheelchair users. Secures at waist with slide-lock buckle. Large center pocket provides easy access to personal items. Made of durable, lightweight light blue polyester blend fabric. Machine wash and dry. Do not bleach.

CSK473\$21.95



Granny Jo Wheelchair Blanket



Soft lap blanket with warm 100% polyester fleece lining has front pockets and straps to secure blanket to wheelchair. Machine washable. 36" W and 42" L. Heavyweight is navy with gray fleece; lightweight is wedgewood blue fleece.

MGJ405: Lightweight\$20.95

MGJ402: Heavyweight.\$35.95

Granny Jo Lightweight Fleece Cape

Soft, luxurious shoulder wrap with inside pockets is ideal for men and women who have difficulty wearing a standard sweater. Specify small/medium (26" W x 64" L overall) or large/extra-large (28" W x 70" L overall). 100% polyester machine washable wedgewood blue fleece.

MGJ406\$25.95



**NEW
ITEM**

Phoenix Electric Chair Lift by Platinum Health

Lightweight, push-button, portable chair lift helps users get up from the floor. User can scoot from floor onto seat which then lifts them into a sitting position to then stand up or transfer to a chair. Each unit has chair lift, charger, controller, transfer sheet and a small piece that connects to wall for storage. Lifting height from 3" to 20". Weight limit 300 lbs.

APH425.\$395.00



Mobility-Aids.com™
SINCE 1999

ON THE MOVE

FLUX Slim Daily Living Wheelchair



This 21.5"W, ultra-mobile wheelchair with extra-large 20" rear wheels and 5" front casters is designed for easy mobility in limited home spaces. Height adjustable, padded 3"H seat cushion has waterfall front edge to reduce stress on knees and improve leg circulation. Ventilated back and contoured lumbar support provide added comfort.

Handrims add 2" to overall chair width.

Weight capacity 300 lbs. See available accessories below.

- MTT419: Wheelchair\$899.99
- MTT419F: Footrests\$99.99
- MTT419H: Handrim Rings\$69.99
- MTT419P: Push Handle\$59.99

NEW ITEMS

FLUX Daily Living Wheelchair Seat Belt



Safety device that improves positioning and adds security and comfort for users of FLUX Wheelchairs. Black nylon webbing with 1/4" thick neoprene lap pads and adjustable D-ring closure with side release buckle. 1.5"W, 72"L.

- MTT419S\$54.99

FLUX Daily Living Wheelchair Brake Handle Extensions



Pair of 6"L handles with 2" black rubber grips fit FLUX wheelchairs and let users lock their wheelchair without strenuous reaching. Easily slips on to replace existing rubber knobs on wheelchair brakes.

- MTT419L\$24.99

FLUX Slim-line Daily Living Wheelchair Seat Covers



Pair of removable, washable seat covers increase comfort and enhance the look and longevity of your FLUX Slim-line Daily Living Wheelchair.

Moisture-resistant and breathable set includes 1 gray and 1 black cushion of machine-washable, wear-resistant Cordura fabric.

- MTT419C\$69.99

NEW ITEMS

FLUX 360 Daily Living Wheelchair



Narrow-width, ultra-mobile wheelchair easily navigates limited spaces, tight corners and bathroom doors. Features generous padded seat cushion, ventilated back, adjustable seat height, flip-away armrests, removable footrests and attendant push bar. Sturdy steel base, medical grade 5" diameter double-wheel front casters and 20" rear wheels provide easy movement over carpet and thresholds. Seat adjusts vertically and reclines smoothly. Choose color: Blue, Grey or Green. Weight capacity 300 lbs.



- MTT430 \$1,399.00

FLUX 360 Plus Daily Living Wheelchair



Versatile mobility-enhancing wheelchair for small spaces has a high-weight capacity of 350 lbs. Low seat position enables effortless propulsion with feet. Front casters are double-wheel medical-grade that roll and swivel easily across carpeted floors. Contoured 3" foam seat cushion has adjustable height and smooth tilt tension with upright tilt lock. Heavy-duty flip-up foot plates and anti-tip bars increase safety.



- MTT440 \$1,499.99

Order by Phone Toll Free:

1-877-750-0376

ON THE MOVE



Diestco Folding Safety Flag

Increase your visibility while enjoying your independence. The flag can be easily mounted to all scooters, manual wheelchairs and power chairs. Measures 51" extended, 26" folded.

CDCF1100 \$40.95

Diestco Unbreakable Cup Holders

Available in 3 different mounting styles to fit a range of mobility devices. Accommodates drink containers from 1" circumference to 32-oz. sports drink bottles. Durable polyester material won't break like regular plastic cup holders. All mounting options secure with Velcro® straps and feature reflective safety tape. Easily collapsible and will not get in the way.

- A. CDC1326: Vertical Mount \$29.95
- B. CDC1327: Horizontal Mount \$29.95
- C. CDC1328: Front Mount \$29.95



Diestco Wheelchair Weather Chaps



Fit snugly around lower body, instead of draping over it. Slip feet into bottom pocket, then pull over legs and lap for waterproof protection. Removable fleece lining provides extra warmth. One pair.

- CDCV3122: Pediatric \$52.95
- CDCV3322: Adult \$52.95
- CDCV3522: Extra Wide \$59.95

Diestco Manual Wheelchair Cover

Protects a folding manual wheelchair from weather and dust. Slips on with quick-release buckle and Velcro® side access. Front-sewn elastic band wraps tightly around footrests and rear cinch drawstring secures cover around wheels. Includes carrying pouch and 4 grommet tie-down points for highway travel. Measures 38" L x 9" W x 44" H.



MDV1200 \$84.95

Diestco Large Saddle Bag for Wheelchairs, Scooters

Mid-sized armrest saddle bag has several storage pockets for personal belongings. Straps over scooter armrest secure bottom to chair frame and won't interfere with mid-wheel drive scooter tires. Fits standard wheelchair armrests from 1" round tubing to deluxe scooter armrests. High-quality water-resistant black fabric. 9"W, 12"L, 3"D.

CDCB2125 \$45.95



Mobility Combo Pack: Cup Holder, Phone Grip and Hooks

These easy-to-attach mobility accessories fit up to 2" tubing on wheelchairs, rollators, walkers and strollers. Combo pack includes cup holder, phone holder and double hook for keeping personal items secure and easily accessible. Requires no tools to install.

MEU476 \$34.95



Freedom Folding Cup Holder with Universal Clamp

Adjustable plastic drink holder with easy-to-attach universal clamp for straight or angled tubing. Can hold up to 4" diameter base.

CFP515 \$29.95



Freedom Cup Holders

Attach cup holder to any tubing element, including wheelchair frames, walkers, scooters, rollators and bed rails. Clamping mechanism easily tightens securely on any upright or horizontal tubing. Folds flat to 1" thick, out of the way.

- CFP181B: Square Clamp \$24.95
- CFP181A: Round Clamp \$24.95

Freedom Drink Holder with Long Arm Clamp

Durable lever-action clamp securely attaches to round pipes, rods, or railings on wheelchairs, strollers and hospital bed rails 0.5" to 1.25" diameter. Flexible 20" L gooseneck arm is made of steel with black powdercoat finish. Supports 2 lbs. fully extended. High-strength composite plastic cup holder holds drinkware ranging from 2" to 3.5" diameter. Steel wing nut mount allows dual adjustment for horizontal and vertical positioning.

CFP535 \$59.95



Hydro Water Bottle Holder

Plastic, flexible foam mount secures drink holders to round tubing up to 1" diameter. Fits most mobility aids, school desks and chairs. Holds bottles up to 3.5" in diameter.

CTP420 \$12.95



ON THE MOVE

**NEW
ITEMS**

Safety Sure Safety Bed Rails

Ideal for those who need protection from rolling out of bed and need independence when getting in and out of bed. Made of all-steel construction for strength and durability with off-white powder-coating to fit any décor. Attaches easily to most home beds up to queen-sized and is reversible for either side of bed. For king-sized bed, two single 18" rails will be needed. Installs in minutes and includes tools. Weight capacity 250 lbs.



- CMT5181: 18" Single\$85.95
- CMT5182: 18" Double\$135.95
- CMT5031: 30" Single\$89.95
- CMT5032: 30" Double\$149.95

Safety Sure Adjustable Bed Transfer Handle

Height-adjustable support handle helps users get in and out of bed more easily. Accommodates home beds with thicker mattresses from 21.5" to 24.5" in height, in 1" increments. All-steel tubing with wooden board base. No tools required for installation. Weight capacity 250 lbs.



- CMT504\$99.95



Little Boost Platform

Platform is ideal for those who suffer from weak knees, bad backs, stroke, arthritis or are recovering from knee, hip or shoulder surgeries. Safe, sturdy chair riser requires no assembly and has no moving parts. Security lip around top and corner rubber pads help

prevent chair from moving/sliding. Fits most recliners/chairs up to chair base of 27"x27" (measure chair base to ensure proper fit.) Weight capacity 500 lbs. Overall size is 31"x31"x3.5".

- LBP450 \$259.95

Stander Car Caddie

Quality nylon construction loops around your car window frame and adjusts for varying heights of vehicle windows. Just pull on the comfortable cushion grip when you need assistance.



- AST415 \$14.95

Easy Reach Seat Belt Handle

This flexible, one-piece, lightweight device provides an easier way to reach your seat belt by helping to avoid twisting and turning. Measures 9.5" L and easily snaps onto the safety belt. Glows in the dark to make it easy to see at night.



- AKE211004 \$10.95

Stander Original Handy Bar



Stainless steel with non-slip hand grip fits in car door latch. Provides secure assistance in getting in and out of a car. Easy to store and carry. Weighs 13 oz., measures 9¼" L.

Easy to use. Includes seat belt cutter and side window breaker. Weight limit 350 lbs.

- CMT96314 \$32.95

Freedom Gas Cap Wrench

Place easy-to-use wrench over gas cap and turn. Decreases joint stress for arthritis sufferers. Helps protect from harmful gas fumes and splash back. Latex-free. Measures 5" H, 3" diameter. Inside openings are 5/8" W and 5/8" D.



- ARP320 \$14.95

Stander Swivel Seat

Allows you to swing your legs out, without putting strain on your body. Useful for people with back/leg problems, other physical challenges, expectant mothers, or people recovering from surgery or injuries. 18" diameter.



- CMT96312 \$29.95

Car Ease Slide

The slick inner surface of Car Ease makes getting in/out of a car seat effortless. Sliding and rotation into the car seat is smooth with almost no friction. Perfect for all sliding transfers. Slide measures 18"x22".



- CMT978 \$20.95

ON THE MOVE

Skil-Care Transfer Belts with Adjustable Handles

These durable gait and transfer belts are 4"W for added comfort and enhanced pressure distribution with sliding handles for added safety. Launder or wipe with disinfectant.



- CSK425S: Side Release Buckle\$52.95
- CSK425M: Metal Buckle\$53.95
- CSK425PS: Padded w Side Buckle.....\$62.95
- CSK425PM: Padded w Metal Buckle.....\$63.95



Easi-Care Gait Belts

Materials and design minimize contamination. 2"W vinyl coated webbing with easy to secure metal buckle. Weight capacity 600 lbs.

- CKE4805: Small 54"\$21.95
- CKE4806: Medium 60"\$22.95
- CKE4807: Large 72"\$23.95

Elgin Deluxe Gait Belts with Handles

Heavy-duty, secure walking belt with handles provides more secure transfers while also reducing risk of injury for caregiver. Made of washable preshrunk, silky-soft nylon webbing. Belts measure 4"W with adjustable Velcro® closure, two vertical side handles and one horizontal back handle. Adult Large size has 5 handles.



- AEC4001: 8"-28" Child\$57.95
- AEC4002: 28"-44" Adult\$68.95
- AEC4003: 44"-60" Large Adult\$79.95



Glideboard Sliding Seat Transfer Board

Ultra-lightweight board with curved handles makes transfers easier for a wide range of positions, situations and surfaces. Made of premium polymers, 28"L, 14"W, 1"H. Maximum user weight 300 lbs. Specify board/seat color combination from white/white, white/blue, white/green, blue/white, blue/blue, blue/green.

- ABK410..... \$147.00

Helping Hand Leg Up Leg Lifter

Allows users to lift a weak or cast leg without bending. Features padded handle and an extra-wide foot loop, to help make transfers easier and reduce the risk of injury. Nylon webbing and washer, stainless steel rivets, polypropylene stiffener. 26" L.



- ADL405Y: Yellow\$25.95
- ADL405B: Black.....\$25.95

Shure-Step Senior Safety Steps

Durable, heavy-duty plastic utility steps have large non-slip top surface and non-skid pads. Load rated for 500 lbs.

Shure-Step Senior Safety Step

Thoughtfully designed with a wedge shape to provide users with a safe way to step up into a vehicle or bed. Weighs 10 lbs., 24" L x 13.5"W x 6"H.



- MSS410..... \$159.99

Shure-Step Senior Safety 2 Step Stool



First step is 6" H and second step is 4" higher. Provides secure standing surface for users to easily step up. Weighs 12 lbs., 24"L x 13.5"W x 10"H.

- MSS420 \$169.99

Smart Caregiver Wireless Pager

Easy-to-use paging system lets user simply press the call button to send a wireless signal to the pager, alerting caregiver that assistance is needed. This simple system eliminates in-room alarm noise and has a range of up to 300'. Includes a pocket-sized caregiver pager and 2 call buttons that can be worn on lanyard or wall-mounted with provided cradle. Includes 2 each of AA and 12V batteries.



- CSC451..... \$49.95



Bed



Floor



Chair

Smart Caregiver Wireless Alarm and Pad

Pre-programmed cordless alarm and weight sensing pads provide an early warning alert when user attempts to get up. This allows caregiver to place the monitor in another room so there is no alarm going off in the room with the resident. Ideal for home or small facility use, with a range between 150-300'. The Smart Caregiver 433EC Economy Wireless Alarm is included with each pad. Requires 3 C batteries (included), or optional AC Adapter (AC-04).

- CSC433C1: Chair Pad, 10"W, 15"L \$119.95
- CSC433B1: Bed Pad, 10"W, 30"L \$119.95
- CSC433FM5: Floor Pad, 24"W, 36"L \$189.95

FOR YOUR COMFORT

MediBeads® Moist Heat Therapy Wraps

MediBeads Moist Heat Wraps are microwave-activated, ready for use in just a minute and are applied directly to site of pain for immediate relief. Wraps continue to deliver therapeutic heat for up to 30 minutes, which is medically recommended treatment time within a three- to four-hour period. Washable, odor-free, won't dry out or support bacteria growth. Natural hydration eliminates the need for sponges, cloths, or towels. Hand wash, air dry 24 hours.

MediBeads® Moist Heat Hand Wrap

Pull-on sleeve surrounds hand or small joints. 5"x7".



ABH34515 \$17.95

MediBeads® Moist Heat Neck Wrap

Drapes around the neck and between the shoulders 8"x22" plus ties.



ABH34325 \$28.95

MediBeads® Moist Heat Therapy Wrap

Ties to back, hip, or shoulder.



ABH34345 \$28.95



MediBeads King Pad

For use on larger body areas such as the back, abdomen, upper legs and hips. 12"x16".

ABH34125 \$39.95

MediBeads Standard Pad

Perfect for relieving aches and pains in the shoulder, back and abdominal areas. Measures 9"x12".



ABH34115 \$26.95



Medi-Beads Neck Rest

Relieves tight, sore neck and shoulder muscles resulting from stress, tension and prolonged static activities. Measures 14" L x 10" W.



ABH34130 \$23.95

NEW ITEM

OPTP PRO Shoulder Support



Foam support with strap cradles shoulder joint in a healthy position to help decrease pain and soreness. By elevating and decompressing shoulder joint, it counteracts gravity and arm weight, positioning arm away from body to allow greater blood flow to rotator cuff muscles. Washable cover is moisture-wicking 100% polyester with an adjustable hook and loop arm strap. Measure circumference of upper arm just below armpit. Standard fits a 12.5" - 17.5" circumference. Large/Extra Large fits 17.5" circumference and up.

AOP324S: Small \$64.00

AOP324L: Large/Extra Large \$64.00

NEW ITEMS

Boost Oxygen Natural



Easy-to-use, completely recyclable canisters contain 95% pure supplemental oxygen for all-natural respiratory support. For recreational purposes only, not medical-grade, so no prescription required for purchase. Place mask under nose and over mouth, press button firmly to activate flow and inhale through mouth. Each 3-liter can = 60 one-second inhalations. Each 5-liter can = 100 one-second inhalations.

CBO503: 3-Liter Pocket Canister \$8.99

CBO50312: 3-Liter Canister (case of 12) ... \$107.99

CBO505: 5-Liter Medium Canister \$11.99

CBO50512: 5-Liter Canister (case of 12) ... \$144.99

CBO510: 10-Liter Large Canister \$17.99

CBO51012: 10-Liter Canister (case of 12) . \$214.99

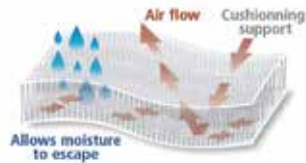


THE WRIGHT STUFF
Health Care Products That Make Life Easier

FOR YOUR COMFORT

Ventopedic

Ventopedic fabric expels moisture 4 times faster than regular fabric, remains dry and comfortable, and eliminates odors. Interior structure also relieves pressure and creates soft cushioning support to eliminate the likelihood of skin breakdown. Latex-free; machine wash and dry.



Ventopedic Palm Positioning Aid

Prevents skin breakdown in the palm for individuals who have a closed hand or upper extremity disability. Firm cylinder center with soft, adjustable strap to secure it in palm. Latex-free; machine wash/dry. Fits right and left hands. Specify size:
 Small: 5" circumference, 1.5" diameter, 5" L.
 Medium: 5.5" cylinder circumference; 2" diameter, 5" L.
 Large: 6" circumference, 2.5" diameter, 6" L.



CTM502 \$45.95

Ventopedic Palm Protector

Hand positioning aid creates a soft barrier between fingers and palm to prevent injury to palm from severe finger flexion contractures. Choose from 4 sizes: X-Small fits petite hand less than 3"; Small fits 3"; Medium fits 3-4"; Large fits 4" or larger.



CTM503: Right Hand \$48.95
 CTM504: Left Hand \$48.95

Ventopedic Heel & Ankle Offloading Boot

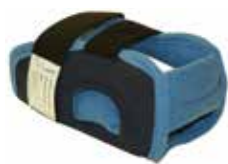
Boot supports lower leg and foot area. Openings on each side and at heel for easy viewing. Wide, soft adjustable straps for custom fit. Bottom is non-slip. Use on either left or right foot. Small: 7" H, fits calf circumference 8-12", men's/women's shoe sizes up to size 6. Medium: 8" H, fits 13-16" calf, shoe sizes 7-9. Large: 9" H, fits 17-20" calf, shoe sizes 10 and up. Bariatric size fits calf circumference over 20".



CTM500S: Small \$189.95
 CTM500M: Medium \$189.95
 CTM500L: Large \$189.95
 CTM500B: Bariatric \$199.95

Ventopedic Heel & Ankle Protector

Like Offloading Boot, but available in two sizes. Small/Medium size fits calf circumference 8-15", men's/women's shoe sizes up to size 6. Medium/Large fits calf circumference 16" and larger, men's/women's shoe sizes 7-9.



CTM501SM: Small-Medium \$129.95
 CTM501ML: Medium-Large \$199.95

HEELIFT® Suspension Boots

Offloading customizable foam boots designed to off-load the heel and prevent pressure ulcers/injuries. Built-in polypropylene split and non-slip traction sole allow for weight-bearing transfers with assistance. Smooth rear nylon fabric strip lets HEELIFT® glide smoothly across the bedsheets and through the blankets. Open-celled foam provides an optimal micro-climate and antibacterial properties. Ventilation holes aid in air circulation. These ambidextrous boots are not made with natural rubber latex. Machine washable and dryable. Easy to disinfect with non-bleach disinfectant spray or wipes. Universal for right or left foot.

HEELIFT® Glide Suspension Boot

Specify size by calf circumference:
 Petite 15-25 cm (6-10");
 Standard 25-38 cm (10-15");
 Bariatric 38-58 cm (15-23").

CDM510SS: Smooth \$49.95
 CDM510SC: Convoluted \$49.95



HEELIFT® AFO Suspension Boot

Fits standard calf circumference of 25-38 cm (10-15").

CDM520S: Smooth \$59.95
 CDM520C: Convoluted \$59.95

HEELIFT® Convoluted Suspension Boot

Convoluted foam is slightly cooler to wear. 12" calf to heel, 9" heel to toe. Fits calf circumference 8"-14".

CDM99100D \$45.95



HEELIFT® Smooth Suspension Boot

Ideal for patients with edematous legs; won't create "impressions" on the leg. 12" calf to heel, 9" heel to toe. Fits calf circumference 8"-14".

CDM99200D \$45.95



Elbowlift Suspension Pad

Thoughtfully designed foam pad for elbow comfort and protection. This easy-to-apply foam pad protects sensitive skin from friction burns and pressure ulcers by cushioning the elbow in smooth foam. One size fits all. Hand washing recommended.

CDM99800 \$19.95



FOR YOUR COMFORT

**NEW
ITEMS**

Glide Ultra Heelift Suspension Boot with Wedge



Innovative, effective heel offloading boot for pressure injury prevention. Durable, soft, smooth exterior fabric lets boot move easily over sheets to help keep it in place. Interior has fluid-repellent breathable lining optimal for draining wounds. Boot is washable and interior can be wiped clean. Friction-free, Tricot-covered stiffener prevents boot from buckling. Adjustable rounded straps accommodate wearer's needs. Universal for right or left foot. Bariatric fits calf circumference of 15"-23"; Standard fits 10"-15"; and Petite fits 6"-10". *Non-returnable if packaging is opened.*

CDM510US: Bariatric\$67.95
 CDM510UP: Petite\$67.95
 CDM510US: Standard.....\$62.95

AFO Ultra Heelift Suspension Boot with Wedge

Provides offloading benefits and proper foot position. Impermeable inner microbial lining with a breathable, wipe-clean surface of latex-free, semi-rigid polypropylene. Non-slip traction sole lets users walk short distances. Heelift Anti-Rotation Wedge is included to help control internal or external rotation. Standard size is 12" calf to heel, 9" heel to toe, fits calf circumference 10"-15" and right or left foot. *Non-returnable if packaging is opened.*



CDM520U.....\$79.95



Polar Ice Hot-Cold Glove

Gel-lined glove provides hand relief from injury, arthritis, stiff joints. Glove can be frozen or heated in microwave to easily rotate between applying ice and heat.

Use on palmer or dorsal side of both left and right hand. Measure width of hand at base of fingers: Small fits up to 3.125"; Medium up to 3.5"; Large up to 4".

ABM533 \$27.95

Polar Ice Wraps

Easy-to-apply soft fleece wraps with encapsulated ice packs combine the benefits of cryotherapy with compression for soft tissue trauma. The cooling feeling lasts about 30 minutes to provide relief from bruises, sprains, or inflammation after an injury. Ideal for post-surgery, during rehabilitation and following physical activity. Hook-and-loop straps help securely hold wraps in place. Hand wash and air dry fabric wraps without ice inserts.



Polar Ice Finger Sleeves

Choose from Small (up to 1/2"), Medium (up to 3/4"), Large (up to 1 1/8").



ABM531 (package of 2) \$12.95



Polar Ice Knee Wrap

Choose from Standard 15.75"W, or Large 26.75"W. Weighs 1 lb.

ABM530S: Standard.....\$34.95
 ABM530L: Large\$41.95

Polar Ice Foot/Ankle Wrap

Measures 16"W x 8.75"L and weighs 1 lb.

ABM535 \$33.95



**NEW
ITEM**

Grace & Able Gentle Compression Gloves

Made from breathable soft cotton, these open-fingertip stretch gloves offer targeted compression to soothe sore joints and reduce swelling. To determine size, wrap tape measure around knuckles at widest point of hand to measure circumference. If between sizes, choose larger size. Extra-Small fits 5" circumference; Small fits 6"; Medium fits 7"; Large fits 8"; and Extra-Large fits 9". Choose color: Plum Purple, Marine Blue, Classic Black, Aqua Blue, Dusky Lilac, Ballet Pink. Hand wash, air dry.



AGA500\$19.99

FOR YOUR COMFORT

Limbkeepers Non-Compression Protective Products

Non-compression protection sleeves provide cushioned comfort without added bulk. No seams for added comfort. Stays in place without adhesive or fasteners. Should not be worn over open wounds. Moisture wicking blend of polypropylene, lycra/spandex, nylon and elastic; machine wash, tumble dry. Permanent anti-microbial silver infused yarns help curb odor-causing bacteria. Original Heavyweight fabric is thicker knit to provide more protection from injury and dangerous skin tears for wearers who have fragile or thin skin. The fabric weight and texture are most similar to an athletic sock, with full coverage terry knit on the inside of the sleeves. Lightweight fabric texture is similar to a dress sock. Includes one pair and fits left or right. Choose color Black, White, Navy, Khaki. Made in USA.

Arm Sleeves

Fit bicep circumference up to 13", measure 15" L.

- CLK500: Heavyweight Arm Sleeves \$19.95
- CLK501: Lightweight Arm Sleeves \$18.95



Leg Sleeves

Fit calf circumference up to 16", measure 15" L.

- CLK510: Heavyweight Leg Sleeves \$19.95
- CLK511: Lightweight Leg Sleeves \$18.95



Limbkeepers Light Weight Forearm Sleeves

Non-compression sleeves made from fabric that is soft, breathable, anti-microbial and moisture-wicking. This 10" L pair of sleeves help protect fragile or thin skin on forearms from impact that can cause dangerous skin tears or bruising. Fits forearm circumference up to 13". Machine wash warm or cold with like colors, no bleach. Tumble dry on low heat. Choose color of Khaki, Black, Navy, White.

- CLK502: One Pair \$18.95



PMT NerveSpa Nerve and Neuropathy Pain Relief Cream

Helps provide temporary relief of most common symptoms of Peripheral Neuropathy such as pain, tingling and numbness. Has no GMOs, artificial colors, or fragrances.



- CPM540: 2.82-oz. Jar \$24.95

**NEW
ITEMS**

OPTP Maternity Support Belt by Diane Lee



Unique maternity support belt features two-piece design with non-elastic belly support strap that wraps around lower abdomen and pelvis support of high-compression elastic that wraps around pelvis and attaches to belly support, offering a firm "hug." Small fits pant sizes 4-6; Medium fits 8-10; and Large fits 12-14. Order pre-pregnancy pant size unless you expect to gain 40-60 lbs. of pregnancy weight or are in third trimester; then order one size larger. Hand wash cold, line dry or lay flat. *Non-returnable hygiene item.*

- AOP680S: Small \$99.00
- AOP680M: Medium \$99.00
- AOP680L: Large \$99.00

OPTP Men's Pelvic Support Belt by Diane Lee



Front support wraps around lower abdomen, resting just above top of thigh bone and widest part of hip. Pelvis support wraps around pelvis and attaches to front support, offering a firm "hug." Small fits pant size 30-32"; Medium fits 33-35"; Large fits 36-38"; Extra-Large fits 39-41". *Non-returnable hygiene item.*

- AOP681S: Small \$99.00
- AOP681M: Medium \$99.00
- AOP681L: Large \$99.00
- AOP682XL: Extra Large \$99.00

PMT Osteoarthritis and Rheumatoid Arthritis Cream

Highly concentrated glucosamine cream absorbs into the body quickly and helps rebuild and maintain cartilage, tendons, ligaments and joint fluids, for arthritis pain relief. Has no GMOs, artificial colors, or fragrances.



- APM530: 2.82-oz. Jar \$24.95

FOR YOUR COMFORT

Norco Therapeutic Compression Gloves with Open Fingertips

Comfortable therapeutic gloves provide gentle, even compression to decrease painful swelling, edema for swollen hands. Longer length completely covers wrist for increased comfort. Easy to pull on with slit in cuff. Silky nylon latex-free Lycra®, stitched with seams on outside. Machine-wash delicate, air dry. Extra-small 7", Small 7"-8", Medium 7.5"-8.5", Large 8"-10".



NC532: Left Hand \$11.95
NC533: Right Hand \$11.95

Spot Warm Foot of the Bed Warmer

Electric warmer has micro plush flannel cover, adjustable heat setting and wireless remote. Fits under the fitted sheet at the base of the bed, or placed vertically for full-body warming. Wireless remote has 6 adjustable heat settings and auto-shutoff. 13'L power cord stays hidden underneath the bed.



APM510K: King, 74"L, 28"W \$84.99
APM510Q: Queen, 60"L, 24"W \$79.99

Turn Wedge Body Positioner



Lightweight bed positioning wedge helps users easily position a client at desired angle (from 0° to 60°) for optimum comfort and pressure relief. Made of very firm, high-density fire-retardant

polyurethane foam. Standard version: 16"L, 6"H, 9"W; supports up to 350 lbs. Bariatric version: 18"L, 9"H, 13"W; supports up to 600 lbs.

CCM500: Standard \$52.95
CCM500B: Bariatric \$99.95

Tuubezz G-Tube Storage Belt

Secures easily accessible G-tube while user sleeps, bathes, etc. Enclosed keyhole design minimizes accidental pulling and keeps insertion area clean and germ-free. Soft belt is 3"W and made of 95% cotton, 5% spandex with Velcro® closure. Machine wash, tumble dry. *Non-returnable hygiene items.*



CCS510XS: X-Small 20-25" \$29.95
CCS510S: Small 26-32" \$29.95
CCS510M: Medium 32-38" \$29.95
CCS510L: Large 38-41" \$29.95

IMAK Arthritis Socks

Socks provide mild compression to help control swelling for arthritic feet.

Comfortable to wear all day and night. Soft, breathable cotton fabric helps warm up cold feet, while keeping them dry. Added webbing between the toes helps prevent stiffness. One pair of socks; specify size.



SIZE	SMALL
Women	6 - 8
Men	5 - 7
SIZE	MEDIUM
Women	8½ - 11½
Men	7½ - 9½
SIZE	LARGE
Women	12 - 15½
Men	10 - 14

ABM516 \$24.99

IMAK Active Gloves

Stretchable soft cotton gloves have an anti-slip design on fingers and palm for excellent grip. They also provide mild compression to help increase circulation and relieve hand pain. Open fingertips allow freedom to feel, touch and grip. 92% cotton, 8% spandex, latex-free fabric breathes and is comfortable both day and night. Hand wash cold and air dry. Small up to 3 1/8"; Medium up to 3 1/2"; Large up to 4". Measure across knuckles to determine size. One pair. Specify size.



ABM518 \$26.99

IMAK Arthritis Gloves

Designed to help relieve hand aches, pains and stiffness, these gloves provide mild compression for warmth and increased circulation. Soft cotton Lycra gloves earned the Arthritis Foundation's Ease of Use Commendation. 95% cotton, 5% spandex, latex-free. Hand wash in cold water and air dry. X-Small size fits up to 2 3/4"; Small up to 3 1/8"; Medium up to 3 1/2"; Large up to 4"; X-Large up to 4 1/2". Measure across knuckles to determine size. One pair of gloves. Specify size.



ABM517 \$19.99

Push MetaGrip Thumb CMC Brace

Ultra-thin, comfortable sport brace is anatomically correct to provide optimal support for joints. Made of soft, comfortable, moisture-wicking microfiber that is machine washable.

Brace can be custom fit for maximum CMC (basal) joint stabilization by squeezing embedded metal insert to snugly fit thumb and allow unrestricted movement of the hand or wrist. Measure circumference of hand below knuckles for size and specify if for left or right hand.



SIZE	INCHES	CENTIMETERS
0 (XS)	5 7/8 - 6 1/4	15 - 17.5
1 (S)	6 1/4 - 7 1/8	17.5 - 19.5
2 (M)	7 1/8 - 9	19.5 - 22.5
3 (L)	9 - 10 1/4	22.5 - 27

AHL531: Sizes 0-3 \$99.99

FOR FITNESS

**NEW
ITEMS**

OPTP Purple Half Balls

Helps users increase foot motion, target trigger points and perform self-massage techniques. Pair of latex-free purple vinyl balls are 3¹/₆" diameter, 1¹/₂" H.

AOP598: Pair\$18.95



OPTP Pro-Pods Release and Stabilization Tools

Release muscle tension throughout body and perform exercises for balance and stability. Oval contour shape fits well under both hands and feet. Textured side up with ideal pressure works for myofascial massage. 6¹/₂" L, 3¹/₂" W, 2" H. Includes exercise instructions.

AOP597: Pair\$31.95



Stacking Cones for Therapy

Large, plastic multi-colored cones are ideal for reaching and grasping, eye-hand coordination, color identification and perceptual training. Includes 30 cones that are 7" H. Small size has 3³/₄" top circumference and 6" base. Large size has 5¹/₂" top circumference and 8" base. Grooved, non-slip surface for easy grasp. Wash and sanitize for safety.



CRP610S: Small..... \$24.95
CRP610L: Large..... \$26.95

OPTP Stretch Out Strap with 2nd Edition Booklet

Patented long strap with multiple loops helps user effectively stretch major muscle groups with safety and control. Includes 40-page exercise booklet with color photos and illustrations for more than 30 stretches.



AOP402: Regular \$16.95
AOP403: Extra-Long..... \$18.95

Skil-Care Aqua Hand Weights

Easily filled and emptied, providing an easy-to-use, safe option to standard resistance weights. Made of durable vinyl with a foam handle grip.



SKC6762: 2 lbs \$9.95
SKC6764: 4 lbs \$10.95
SKC6766: 6 lbs \$11.95
SKC6768: 8 lbs \$12.95
SKC676A: Adjustable 1-6 lbs..... \$13.95

**NEW
ITEMS**

OPTP Grip Strengthenener by Bob and Brad

Adjustable resistance grip strength trainer and forearm exerciser provides effective strengthening of fingers, wrist and forearm muscles. Multiple loop options for radial, ulnar, flexion and extension resistance to ensure a well-rounded workout. No assembly required.

AOP437\$65.95



OPTP Hanging Handles by Bob and Brad

Decompression tool for back and shoulder health promotes grip strength, shoulder strength and core stability. All-in-one kit includes wall anchors, clips, handles and mounting hardware, along with easy assembly instructions and exercise recommendations. Weight capacity 275 lbs.

AOP438\$48.95



OPTP Pull-Up System by Bob and Brad

Target different muscle groups to perform arm and core strength training exercises like pull-ups and chin-ups. Includes everything needed for setup and assembly, including 2 pull-up units, 2 handles, 4 wall anchors, mounting hardware and installation instructions. Handles up to 200 lbs. per handle.

AOP440\$84.95



Ankle Tough Rehab System

Effective ankle exercise, rehab and therapy program with 4 progressive elastic resistance straps plus exercise instructions to strengthen muscles and tendons around ankle.

AWH300..... \$26.95



FOR FITNESS

**NEW
ITEM**

Airex Hand Exerciser

Anatomically friendly shape makes it ideal for strengthening muscles in fingers, hand and arm to improve grip strength.

Made from easy-to-clean, latex-free, closed-cell foam with a molded skin for extra toughness.

Rinse with fresh water and air dry. Measures 5" L, 2.4" W, 1" H. Choose Blue or Green.

AFE597 \$6.95



**NEW
ITEMS**

CanDo Hand Exercise Webs

Accommodates varied hand therapy by performing finger flexion, extension, opposition and supination exercises. Users can easily increase resistance by adjusting their hand position, depth of finger insertion, or

by moving to another resistance color. Choose resistance: Tan XX-light, Yellow X-light, Red Light, Green Medium, Blue Heavy, Black X-Heavy, or Set of 6 (one of each).

AFE587: 7" \$17.95

AFE5876S: 7" Set of 6 \$97.95

AFE5814: 14" \$33.95

AFE58146S: 14" Set of 6 \$169.95



CanDo Comfort Weights

Adapted weight straps are padded to provide increased comfort for those who find using standard cuff weights uncomfortable. Sold as a pair and available in 5 color-coded weight sizes as shown.



AFE1331: Yellow 1-lb. Set. \$28.95

AFE1332: Red 2-lb. Set. \$33.95

AFE1333: Green 3-lb. Set \$35.95

AFE1334: Blue 4-lb. Set \$36.95

AFE1335: Black 5-lb. Set. \$38.95



Active Hands General Purpose Gripping Aid

The gripping aid gently pulls your hand around objects allowing you to grip items like weights in the gym and kitchen and gardening equipment at home. Made of black machine-washable neoprene with webbing straps. Includes one gripping aid for right or left hand. To size, measure both narrowest part of wrist and from wrist crease to tip of middle finger.



Small fits wrist circumference 5.3-5.9"; hand 5.3-6.9" L.

AAH5011: Small Right \$94.95

AAH5021: Small Left. \$94.95

Standard fits wrist circumference 5.7-7.2"; hand 6.8-8.3" L.

AAH5012: Standard Right. \$94.95

AAH5022: Standard Left \$94.95

Large fits wrist circumference 7.1-8.7"; hand 7.7-11.0" L.

AAH5013: Large Right \$94.95

AAH5023: Large Left. \$94.95

CanDo Theraputty Exercise Putty

Color-coded progressive resistive putty ranges from extra, extra-soft to extra-firm. Squeeze, stretch, twist, pinch, or pull to develop hand muscle strength, range of motion and increase endurance. Gluten, casein and latex-free; non-toxic, non-oily, bleed proof, leaves no residue. Doctor/therapist supervision recommended regarding repetitions and intensity.



AFE1486: Set of six, 2 oz. each (Extra-Extra-Soft to Extra Firm). . . \$24.95

AFE14854: Set of four, 2 oz. each (Extra-Soft to Firm). \$22.95

AFE148T: Tan 2 oz., Extra-Extra-Soft \$5.95

AFE148Y: Yellow, 2 oz., Extra-Soft \$5.95

AFE148R: Red, 2 oz., Soft \$5.95

AFE148G: Green 2 oz., Medium \$5.95

AFE148B: Blue 2 oz., Firm. \$5.95

AFE148K: Black 2 oz., Extra-Firm \$5.95

Eggsercizer Hand Exerciser

With regular use, this egg-shaped hand exercise aid improves grip strength, increases dexterity and mobility, encourages motor skills, improves circulation. Shaped to fit hand contours. Latex-free, washable, synthetic rubber material. Four color-coded densities for most stages of hand, wrist and finger rehabilitation. Choose Extra-soft Orange, Soft Green, Medium Blue, or Plum Firm.



AMC188 \$9.95

FOR FITNESS

Urban Poling Walking Poles

Premium-quality Nordic walking poles help users burn 20-46% more calories than walking without poles. Feature large ergonomic core handle with wide ledge platform for neutral wrist position that offers better comfort and shock absorption. Hidden beneath each rubber boot tip is a sharp carbide steel tip, giving increased stability on wet and uneven terrain. Poles are made of high-grade, lightweight aluminum. Ease of Use certified products have been independently tested and proven easy to use by the Arthritis Foundation Intuitive Design Applied Research Institute. More information here:

<https://www.arthritis.org/partnership/ease-of-use>



4Life Pink Fitness Walking Poles

Bright pink walking poles with boot tips adjust for user heights from 4'2" to 6'2". Collapse to 31"L. One pair, weighing 1.38 lbs.

AUP540. \$99.99



Activator Rehab Walking Poles

These trekking poles telescope from 4" -6" L, and collapse for storage. Max user weight 250 lbs. Includes one pair, weighing 1.44 lbs. Fits users 4'2" to 6', bell tips.

AUP510. \$114.99



Urban Poling Activator Moda Walking Poles for Rehab

Adapted nordic walking poles for fitness include bell tips, snow baskets, user guide and online video instruction on the ACTIVATOR technique. Supports user heights from 4'2" to 6' tall and weight up to 250 lbs. with 200 lbs of weight-bearing capacity per pole.

AUP560. \$124.99



Urban Poling Activator 2 Walking Poles for Rehab

Adapted trekking poles have large bell-shaped tips to provide increased stability and to improve strengthening and off-loading safely. Designed for increasing safety and

performance for taller users 4'2" to 6'4" tall and weighing up to 320 lbs. The poles are 3-sectional and collapsible to 25" L for travel.

AUP520. \$149.99

Urban Poling Series 300 Fitness Walking Poles

These 2-sectional collapsible poles with boot tips are adjustable for user heights from 4'2" to 6'2". Max user weight 250 lbs. Includes one pair weighing 1.38 lbs.

AUP530. \$99.99



Urban Poling Replacement Tips

High-grade rubber tips for Urban Poling Series 300 Walking Poles. Replace tips when tread begins to wear. Includes one pair.

AUP551: Boot Tips \$19.99

AUP552: Bell Tips \$19.99



Urban Poling Snow and Trekking Baskets



Pair of snow basket and trekking basket accessories for all Urban Poling Nordic walking poles. The trekking baskets help prevent poles from sinking in sand, mud, or rock piles and the snow baskets keep poles on top of deep snow when snowshoeing or during winter walking. Made of high-grade rubber.

AUP553. \$19.99



FOR FITNESS

**NEW
ITEM**



The Foot Gym Ankle Exerciser

Easy-to-use exerciser helps users strengthen foot, ankle and lower leg muscles leading to improved balance, structural stability and overall foot function. Perform a combination of 7 exercises, stretches and massage therapy. Includes 3 levels of resistance bands, massage roller and foot gym device. No assembly required. 24" L, 12" H, 12" W. Weighs 3 lbs.

AFE641\$56.95

**NEW
ITEM**



Cobblefoam Uneven Surface Balance Trainer

Versatile balance training system simulates walking on uneven terrain. Non-slip foam base board holds 2 heights of durable foam blocks that can be moved to form different patterns, customizable for individuals recovering from injury or surgery, geriatric patients, athletes. Includes exercise instructions and carrying bag with handle.

AOP3501: Single Unit (16 foam blocks) . . . \$139.00

AOP3502: Double Unit (32 foam blocks) . . . \$249.00

**NEW
ITEMS**



OPTP Balance Beam

Folding thick foam pad aids balance training for physical therapy, rehabilitation, stabilization and coordination exercises. Made from EVA, closed-cell foam that is latex-free, PVC-free and chloride-free. Non-slip surface provides a secure footing and minimizes risk of falls. Fully open, pad measures 74" L, 7.5" W, 2.5" H. Folded, it measures 37" L, 7.5" W, 5" H.

AOP347\$72.95

OPTP Pelvic Rocker Core Trainer

Unique balance disc with slip-resistant base supports users when performing core stability, pelvic floor training and abdominal exercises. Can be used in seated or supine positions to promote ease of movement of pelvis in all planes, helping users activate deep core muscles for strengthening and integration into functional movement. Rubber disc is 11" in diameter, 3" H, weighs 2.6 lbs.

AOP341\$42.95



CanDo Deluxe Pedal Exerciser with LCD Monitor

Offers upper and lower body workouts and is ideal for increasing muscle strength, improving conditioning, developing coordination and enhancing circulation. Developed for both tabletop and floor use, exerciser operates both forward and backward for a complete arm and leg workout. Track progress with a 5-function exercise computer.

AFE171DM \$155.00



CanDo Magneciser Pedal Exerciser

This ideal alternative to a traditional stationary bike provides smooth, quiet bi-directional operation and variable resistance for both upper and lower body exercises. Tension easily adjusts by simply turning knob. Adjustable base for increased stability and easy storage. Uses two 1.5V AA batteries, included. 18" H, 10" W, 16" D, 22 lbs.

AFE180 \$201.95



Knee Glide Range of Motion Tool

Low-impact rehabilitation tool allows the foot or hand to easily glide back and forth, effectively increasing range of motion of a knee or shoulder. Exercise instructions included.

AOP540 \$113.95

ORDER ONLINE:

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\$35.01 to \$55.00	\$10.95
\$55.01 to \$85.00	\$14.25
\$85.01 to \$125.00	\$17.55
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